



Human Services
of Faribault & Martin Counties

QUARTERLY REPORT

JANUARY- MARCH 2023



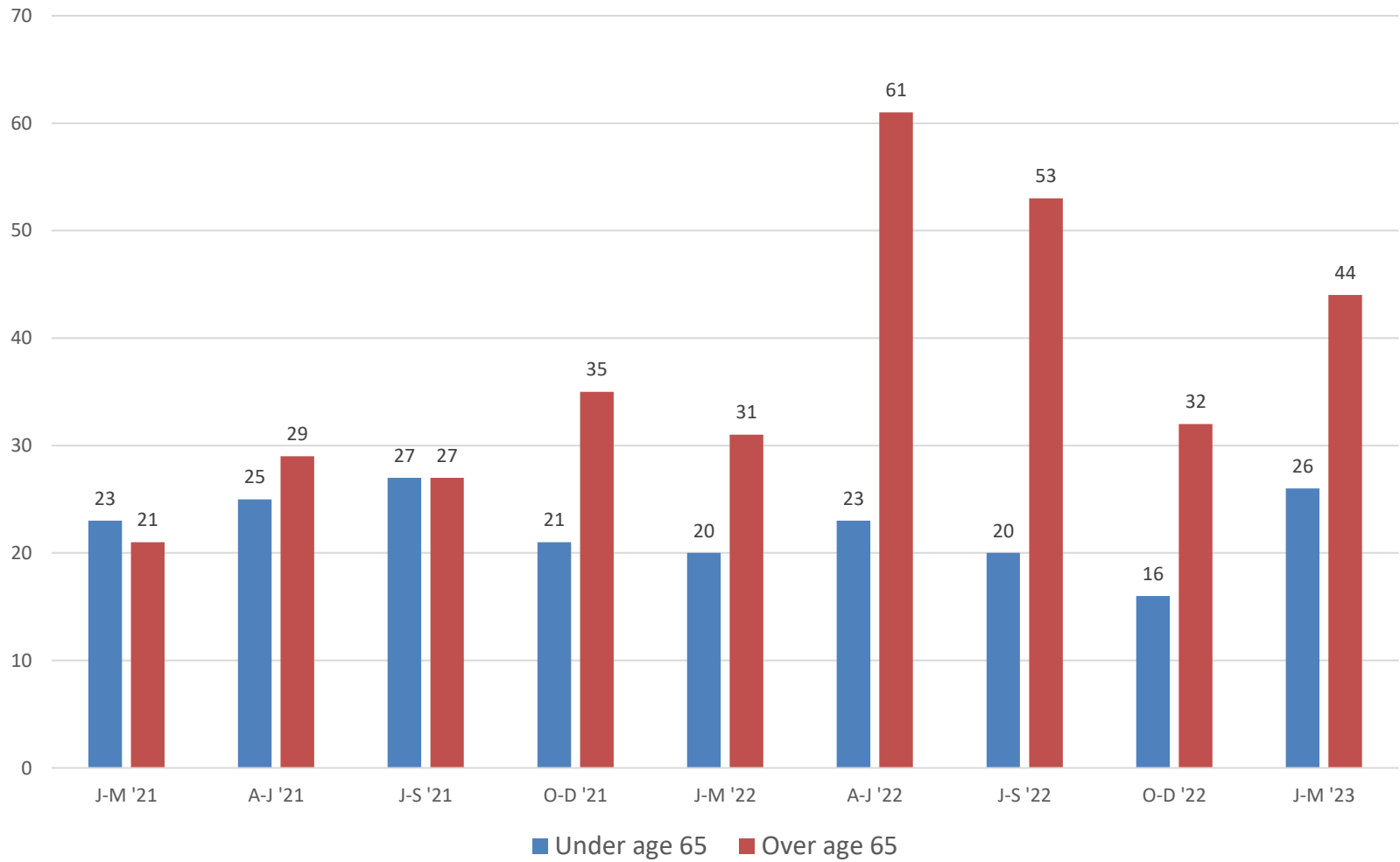
PROGRAMS AND SERVICES TO SUPPORT INDIVIDUALS



Goal I.A.

All residents will safely live within the community and be free to participate at their highest functional level.

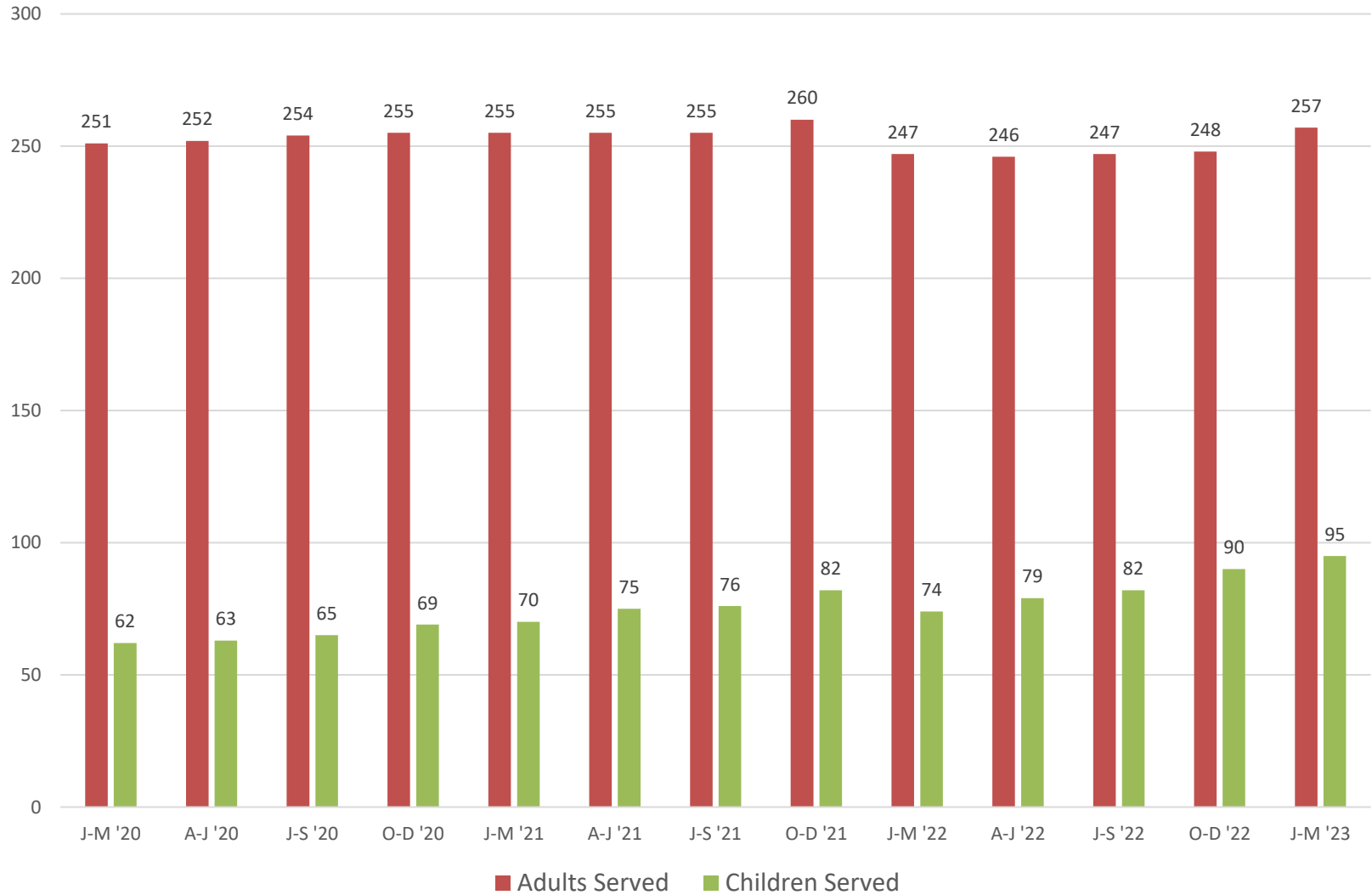
MnCHOICES Referrals



MNCHOICES Referrals to Open to Waiver Services

- There were 26 referrals for MnCHOICES for people under the age of 65 this past quarter.
- There were 44 referrals for MnCHOICES for people over the age of 65 this past quarter.
- Additionally, there were 25 County of Location assessment referrals and 15 Personal Care Attendant assessment referrals.
- MnCHOICES 2.0 is now slated to rollout in July of 2023.

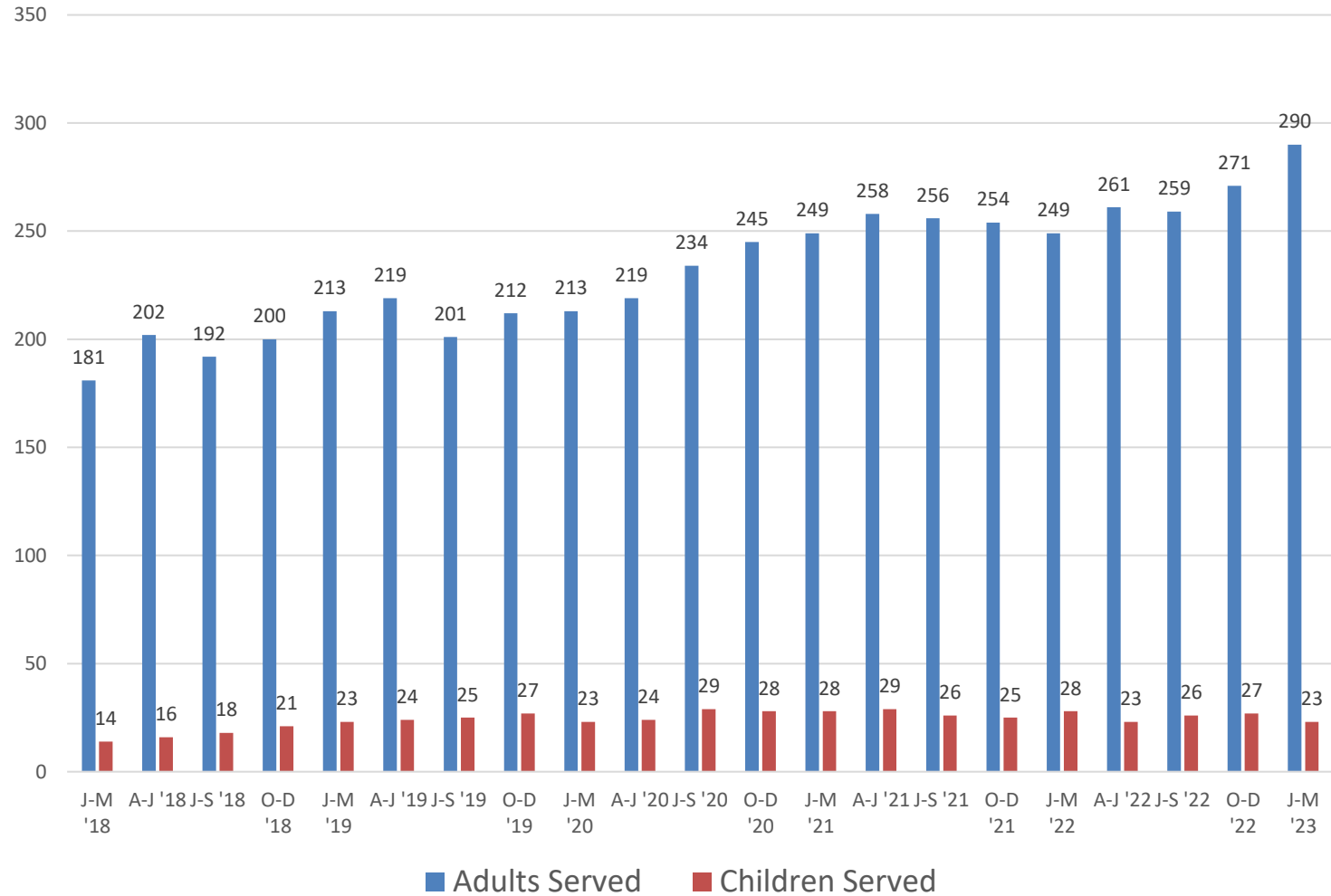
Developmental Disabilities Case Management



Developmental Disabilities Case Management

- All twelve of the children referred for Developmental Disabilities Case Management were determined eligible for Rule 185 case management services.
- Clients referred for DD case management now must be determined disabled through the State Medical Review Team (SMRT), which has been slow

CADI/CAC/BI Waiver Caseload



CADI – Community Access for Disabled Inclusion

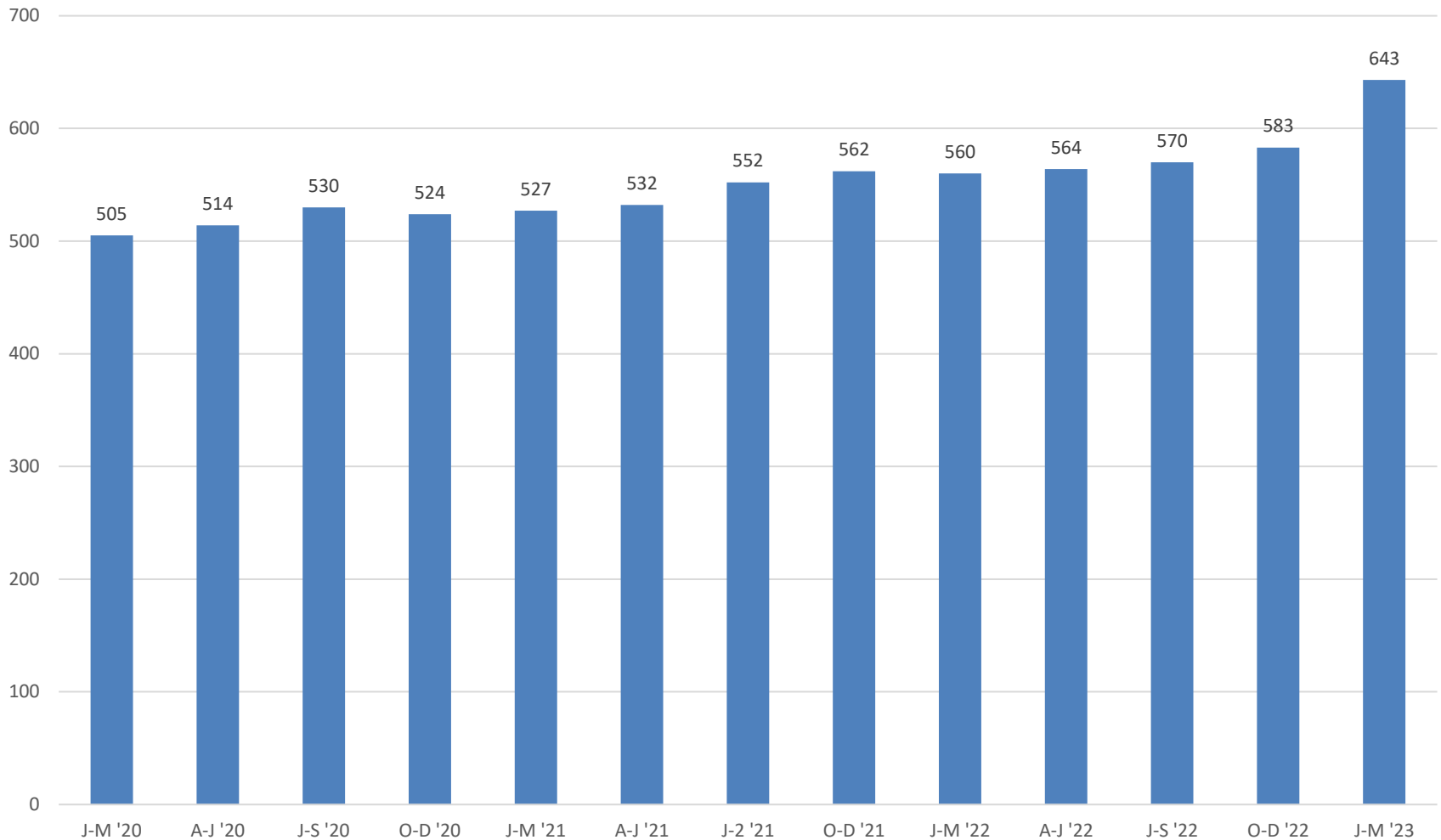
CAC – Community Alternative Care

BI – Brain Injury

CADI/CAC/BI Waiver Caseload

- 25 CADI referrals were accepted. 7 of 26 or 27% of the referrals were assessed within the 20 day requirement.
- Many referrals waiting on State Medical Review Team Process which delays assessment
- SSIS issues and delayed MN Choices rollout
- Several challenging clients and issues finding appropriate services
- New staff have alleviated workload for long-term staff in coverage mode

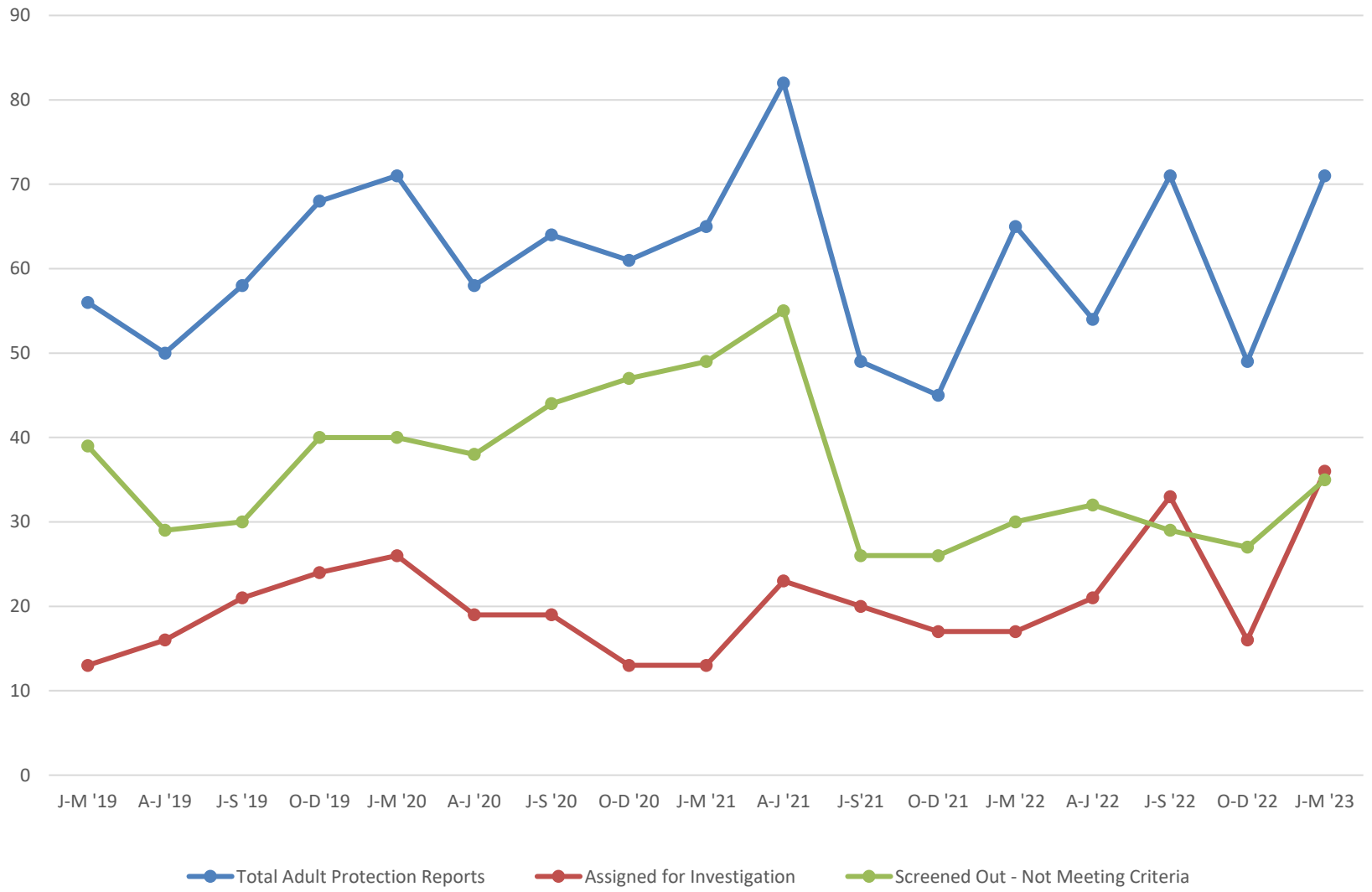
65+ Care Coordination Caseload – Minnesota Senior Health Options (MSHO)



Minnesota Senior Health Options & Elderly Waiver

- MSHO is managing a caseload of 643 clients as of March 31, 2023. Caseload counts now include total number of clients in process for completion of MN Choices. For quarter 1, this made up 25 of the 643 caseload. Overall we saw a 9.5% increase in caseload size.
- Staff completed 74 long-term care assessments in addition to the 44 new community referrals and 39 referrals from the managed care organizations (MCOs)
- There are 15 clients needing homecare services. Nurses have called an average of 8 providers/client without success in securing services.

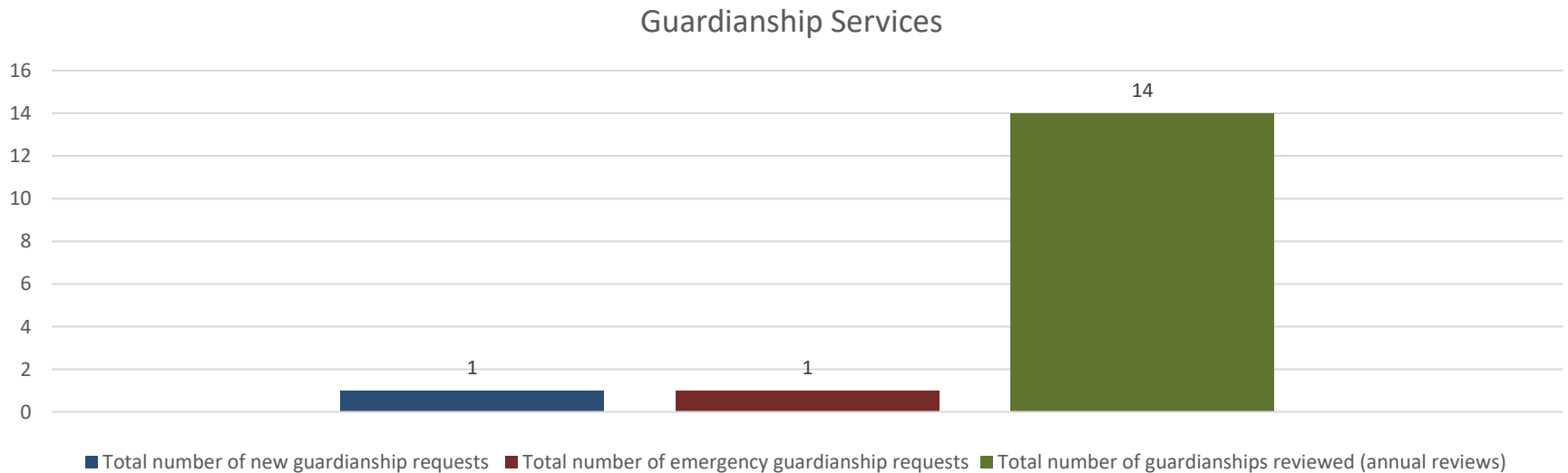
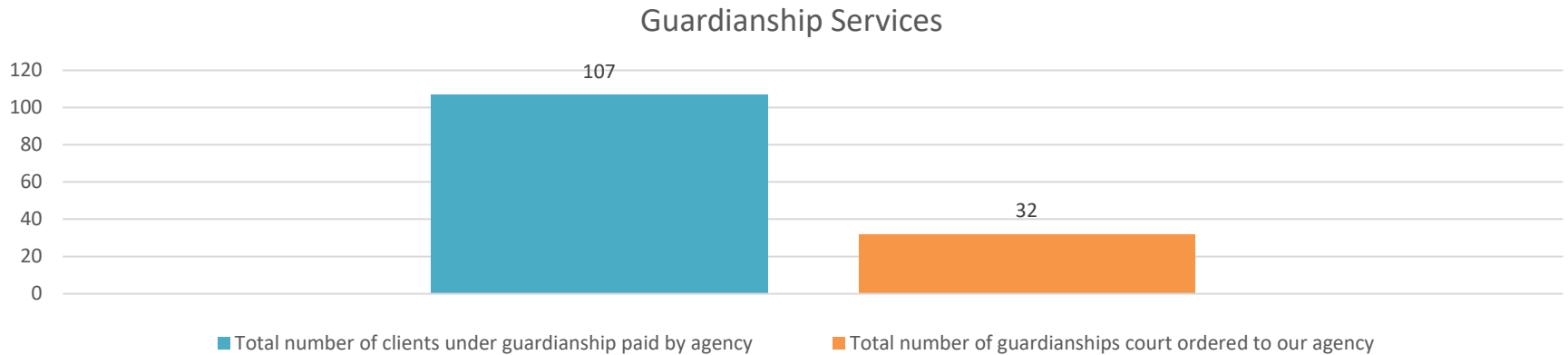
Adult Protection



Adult Protection

- During Quarter 1, 71 adult protection reports were received.
- 36 of the reports were assigned for investigation.
- 35 were screened out as not meeting criteria.

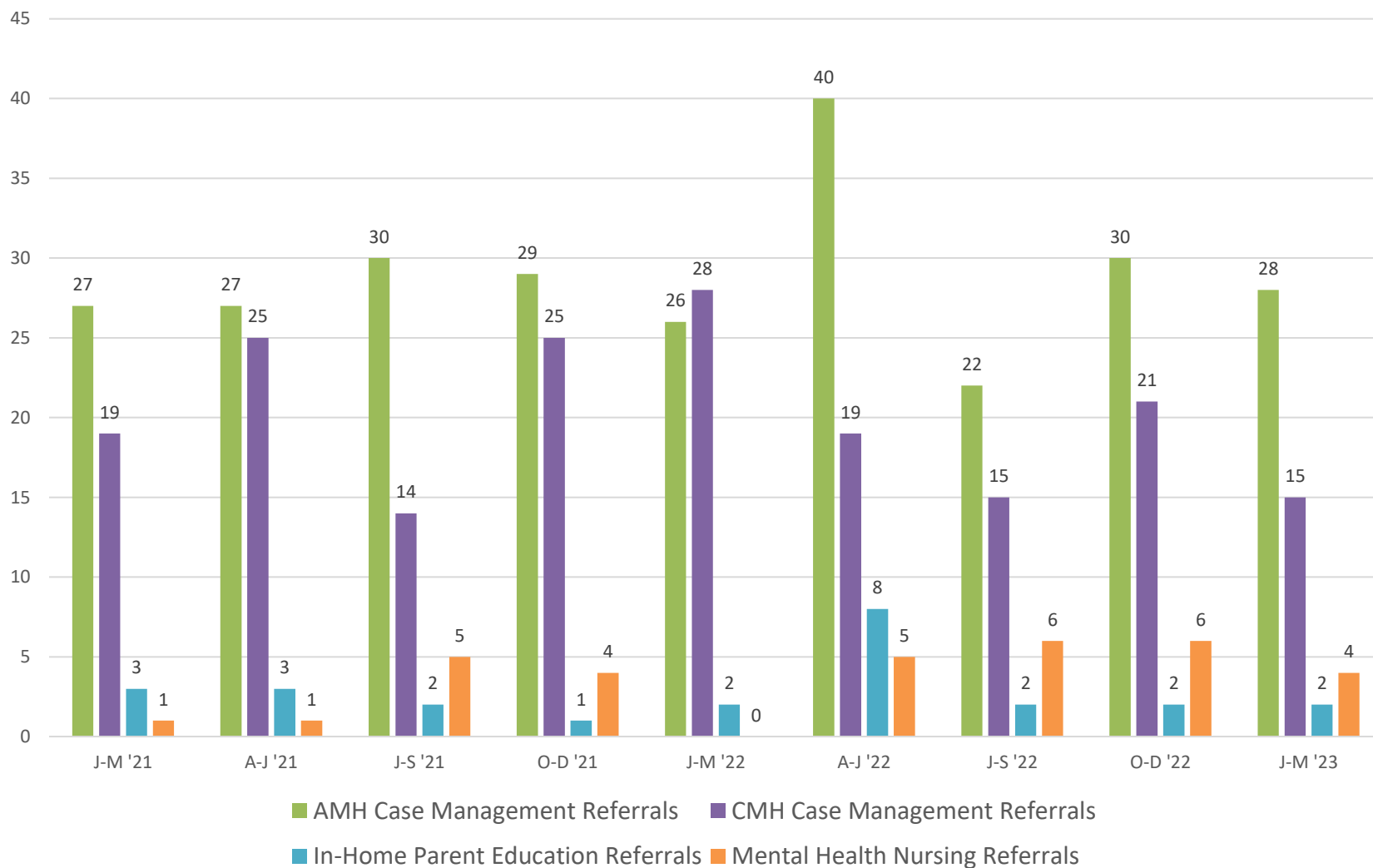
Guardianship Services



Guardianship Services

- We have 107 individuals court ordered for guardianship services paid for by Faribault & Martin Counties.
- Of the 107 clients, 32 are being providing guardianship services by our counties until a successor guardian can be identified.
- 14 clients received annual review of guardianship services. The new standard will be to review all clients on guardianship annually to determine continued need for service.
- 2 new clients were evaluated for guardianship services, 1 was approved by the screening team.
- We continue to explore and pursue additional contracted providers for guardianship.

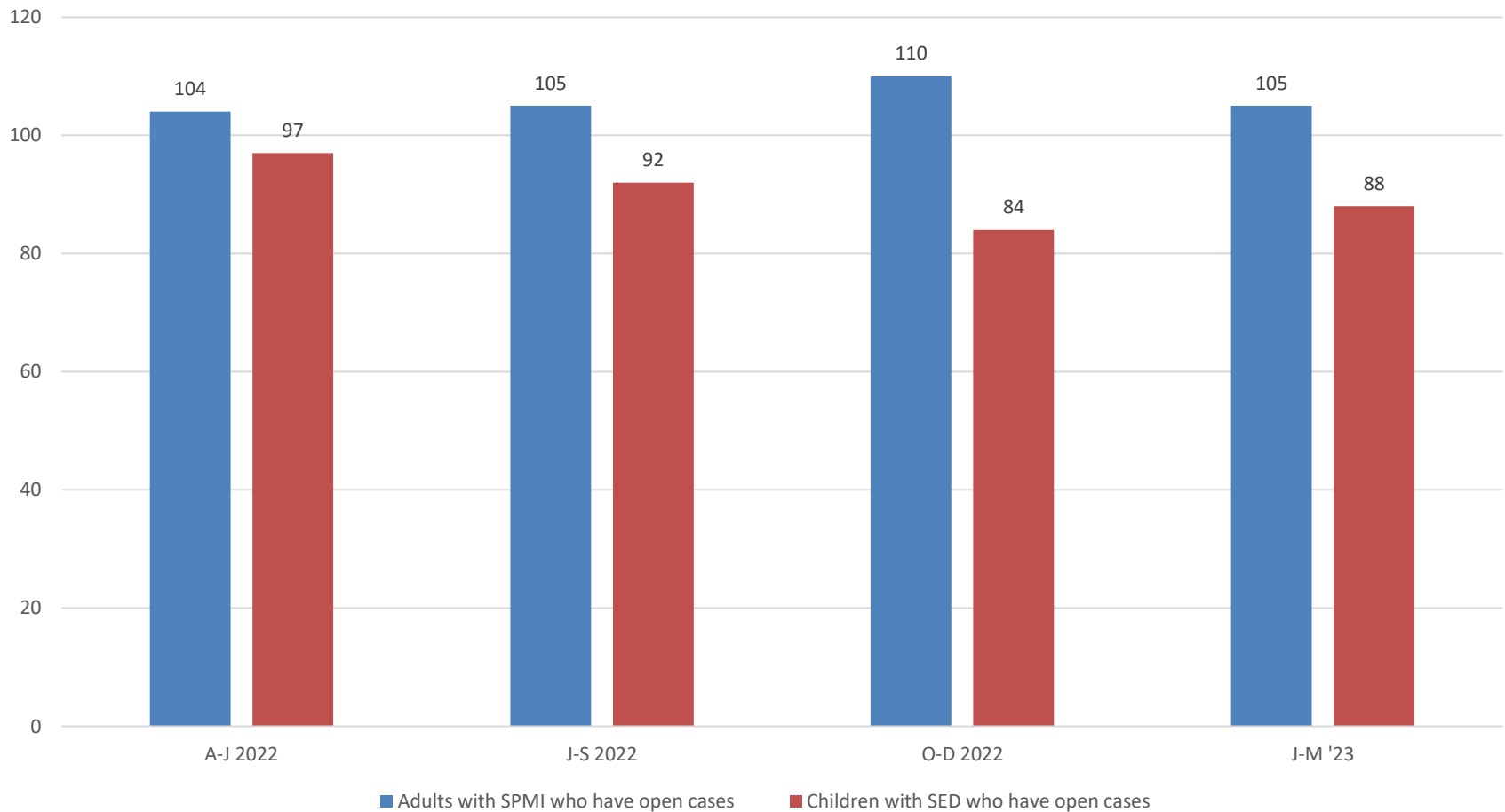
Mental Health Referrals



Mental Health Referrals

- We had 28 new referrals for Adult Mental Health Services, 15 new referrals for Children's Mental Health Services, 2 referrals for In-Home Parent Education, and 4 referrals for mental health nursing services this past quarter.

Mental Health Caseloads



Mental Health Caseloads

- The adult mental health caseload this quarter was 105 cases.
- The average adult mental health caseload this quarter was 36.57 (standard is 30 cases per case manager). We were short-staffed for part of the quarter.
- We had 88 children who meet Severe Emotional Disturbance (SED) criteria open to targeted case management.
- The average children's mental health caseload this quarter was 16.5 (standard is 15 cases per case manager).

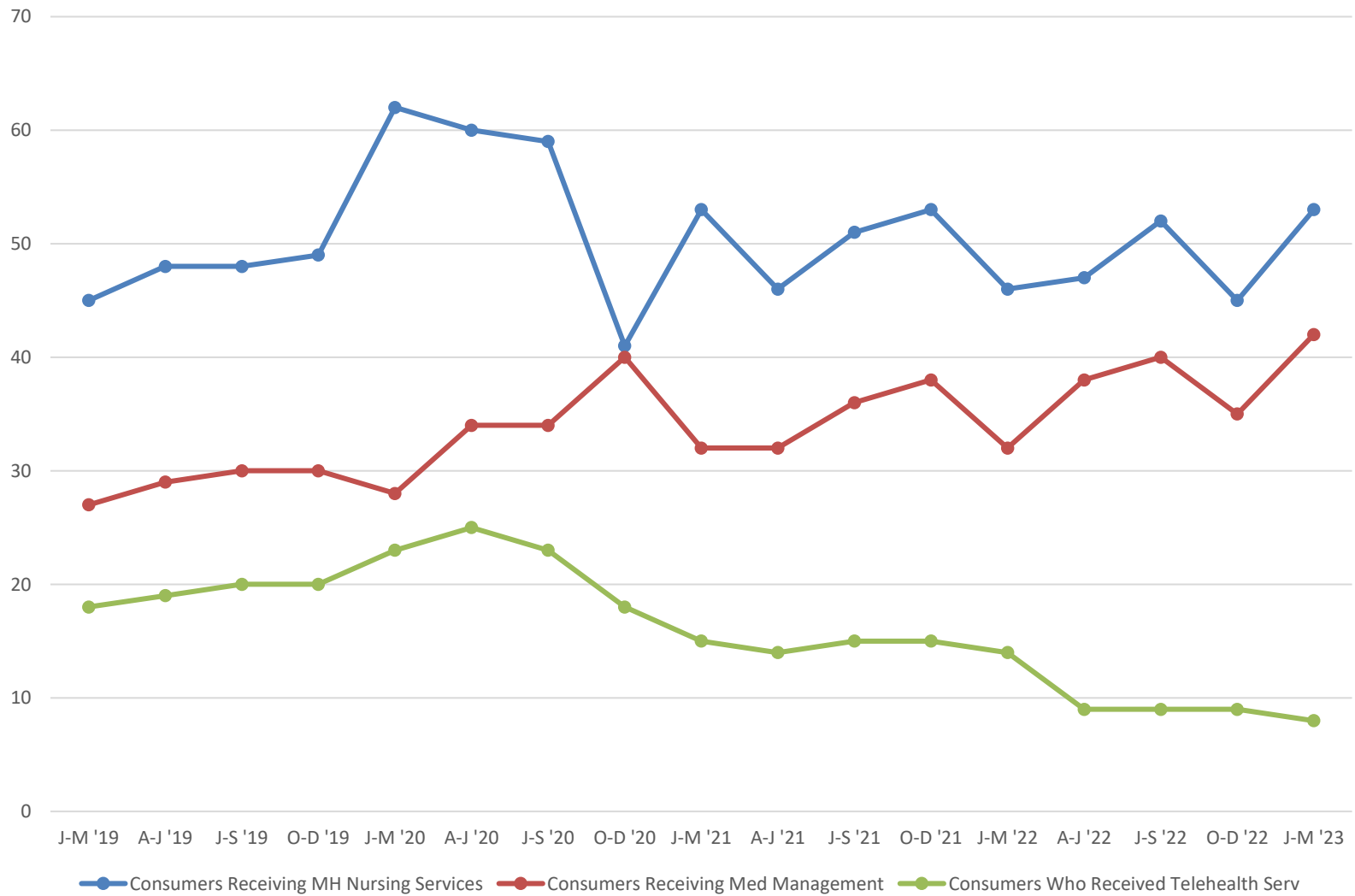
Adults with Serious and Persistent Mental Illness



Adults with Serious and Persistent Mental Illness

Of the 105 adults with serious and persistent mental illness open to targeted case management services, 79% are living within the community.

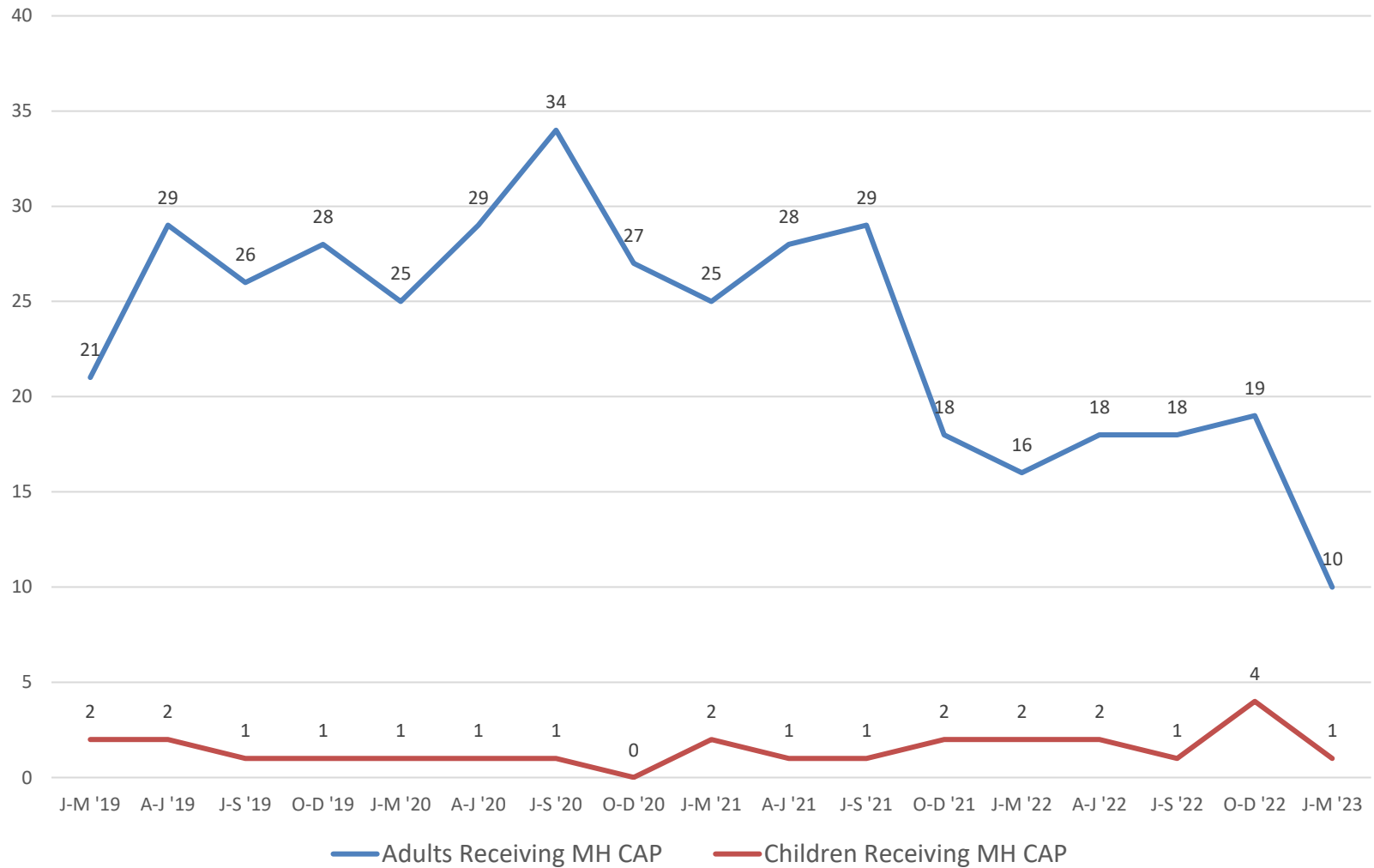
Mental Health Nursing Services



Mental Health Nursing

- We have 53 consumers receiving mental health nursing services.
- 42 consumers are receiving medication management.
- Eight (8) consumers are receiving telehealth services.
- The new mental health nurse started and is doing great!

Mental Health Client Assistance Program



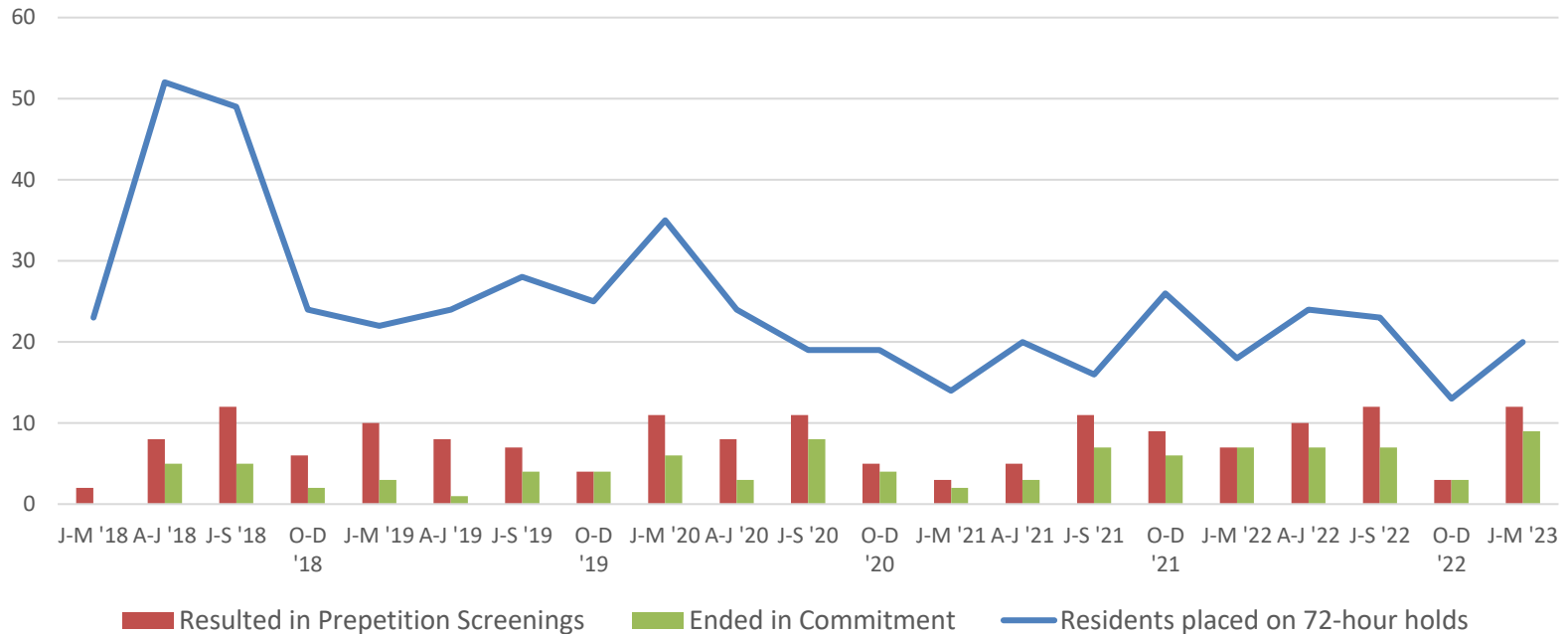
Mental Health Client Assistance Program

- The Mental Health Client Assistance Program (MHCAP) assists adults, youth, and their families who have no insurance or expensive insurance with accessing free or affordable mental health services. MHCAP contracts with local mental health agencies.
- Two new providers were contracted this quarter – one in Blue Earth and one in Wells.
- In this quarter, we had 1 child and 10 adults who used the MH CAP program.

Clubhouse Activities

- The first quarter of 2023 saw 40 different clubhouse members participate in an activity, drop in, or attend board meetings. The drop-in center was open a total of 59 days and utilized on 67 days, being utilized a few more days than open due to our contracted member who cleans as well. There were also five “snow days” in which the clubhouse was considered closed. In addition to the members who attended, we also had 14 guests attend, which includes county staff, guest speakers, and Adult Rehabilitation Mental Health Services (ARMHS) workers. This quarter also saw five (5) new member applications that were approved for memberships, all of which began participating relatively quickly and one of which was even voted to our board.
- Due to the snow and cold temperatures, most of our activities took place within the clubhouse this quarter. These activities included several different craft projects, movies and popcorn, meals and birthday cakes, board games, Wii bowling, cribbage, painting, bingo, wood burning, and a Cooking Matters class. Some members dropped in to use the computer, read the newspaper, or watch TV. We were able to get out for a few activities such as our monthly shopping trips to Mankato, mall walking, and our 10 County Activity in St Peter, which was a pizza and game day with other clubhouses.
- The CAC Meeting, which was well attended and included guest speakers from the MVAC, was held in February. Our annual meeting also took place in February, in which 15 members participated in voting for open board positions, clubhouse updates and discussion, and then enjoyed lunch and bingo with lots of prizes.

Residents Placed on 72-hour Holds and Results of 72-hour Holds



1st Quarter 2023 Costs:

Faribault Mn Sex Offender Prog – \$11,583

Faribault Does Not Meet Criteria – \$21,840

Martin Mn Sex Offender Prog – \$46,679

Martin Mn State Hospital – \$49,401

Martin Does Not Meet Criteria - \$8,400

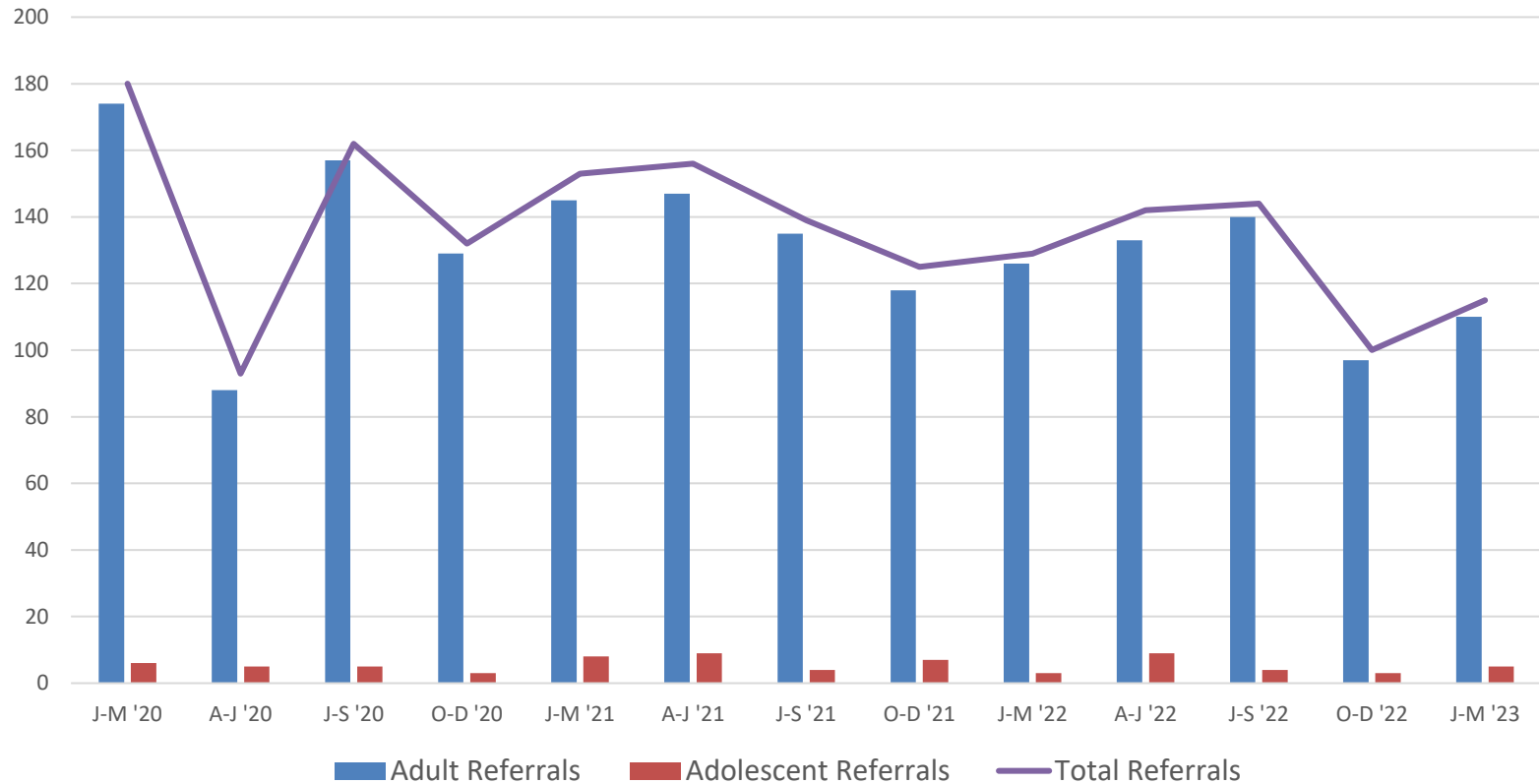
Residents Placed on 72-Hour Holds

- During the quarter, 12 prepetition screenings were completed. Nine (9) were supported resulting in mentally ill/chemical dependency commitments and four (4) Rule 20 commitments.

Goal I.B.

High risk juveniles and adults will develop into productive, law abiding members of the community.

Chemical Dependency Evaluations

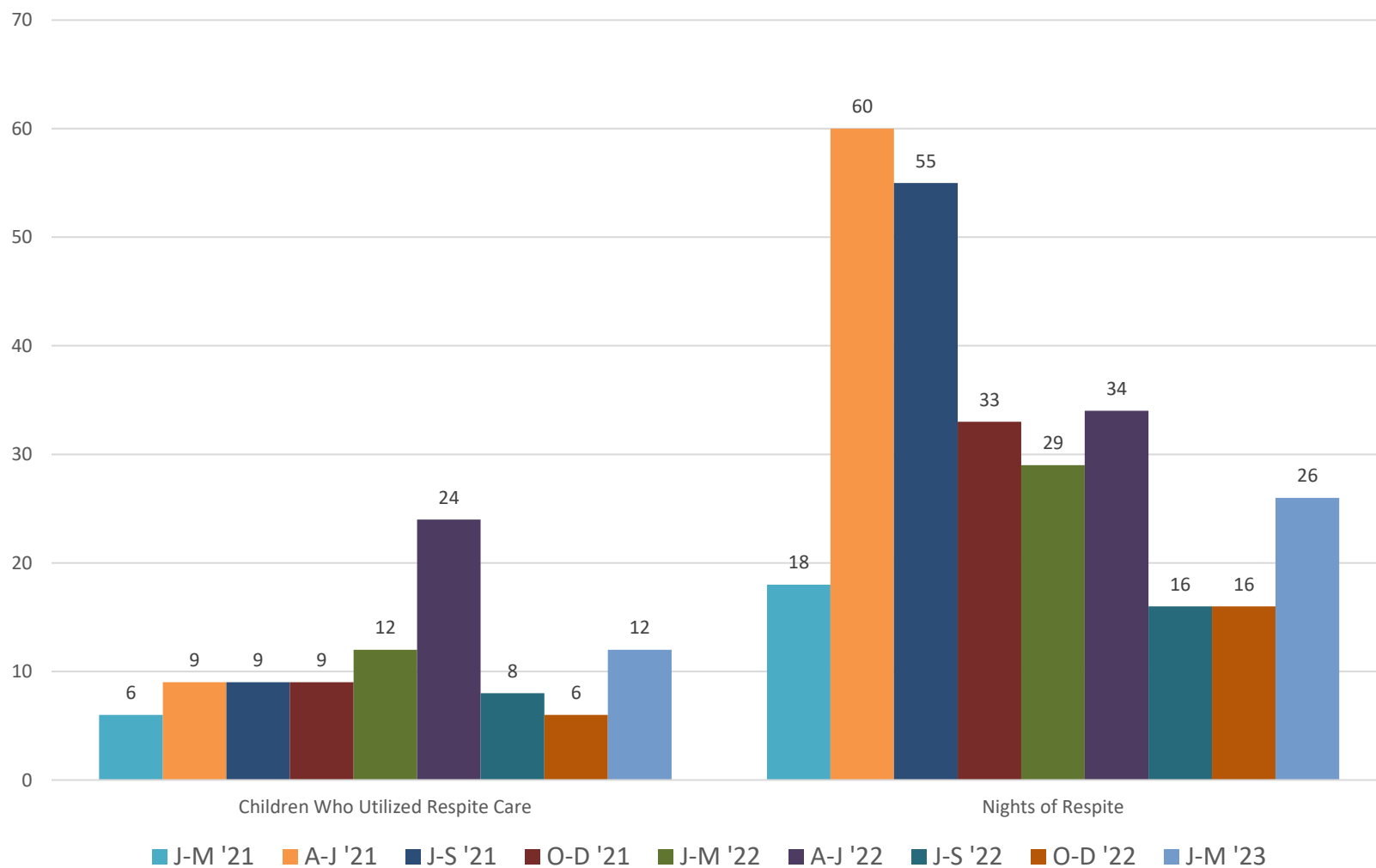


100% of high risk youth and adults received chemical dependency evaluations within 30 days of a court, self, or agency referral.

Chemical Dependency Evaluations

- We received 110 adult referrals for comprehensive assessments and five referrals for adolescents, for an average of 38.3 referrals per Licensed Alcohol and Drug Counselor (LADC)
- All assessments were completed within 30 days of the referral

Mental Health Respite Grant



Mental Health Respite

- In this quarter, we had 12 children utilize respite for a total of 26 nights of respite care.
- Respite funds were also used for Driver's Training for three (3) kids, three (3) Community Education/Recreation activities, and one (1) horse camp.

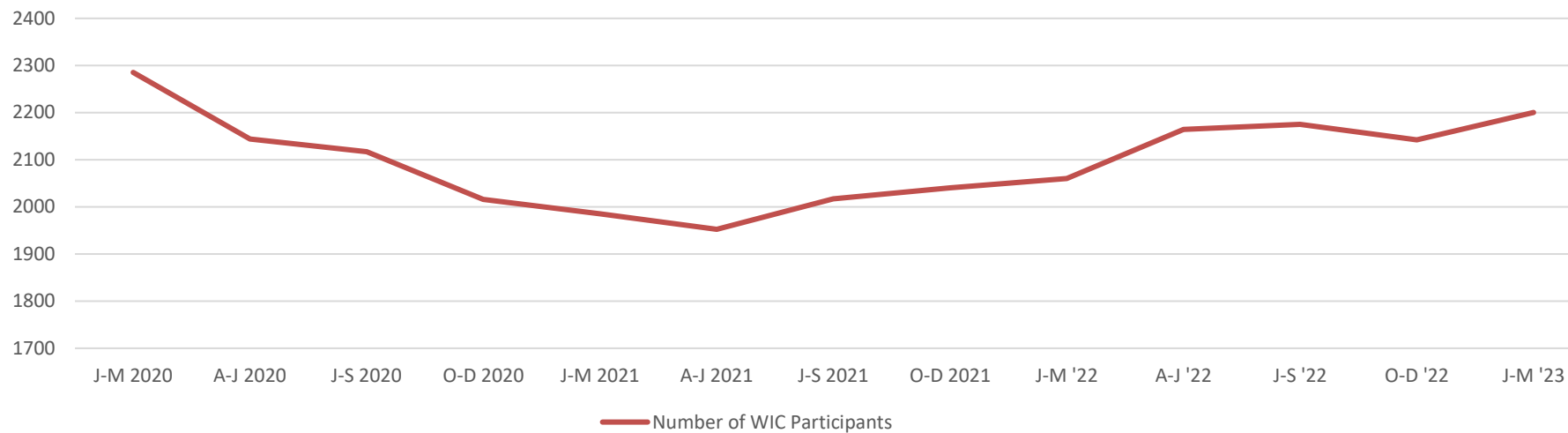
PROGRAMS AND SERVICES TO SUPPORT FAMILIES



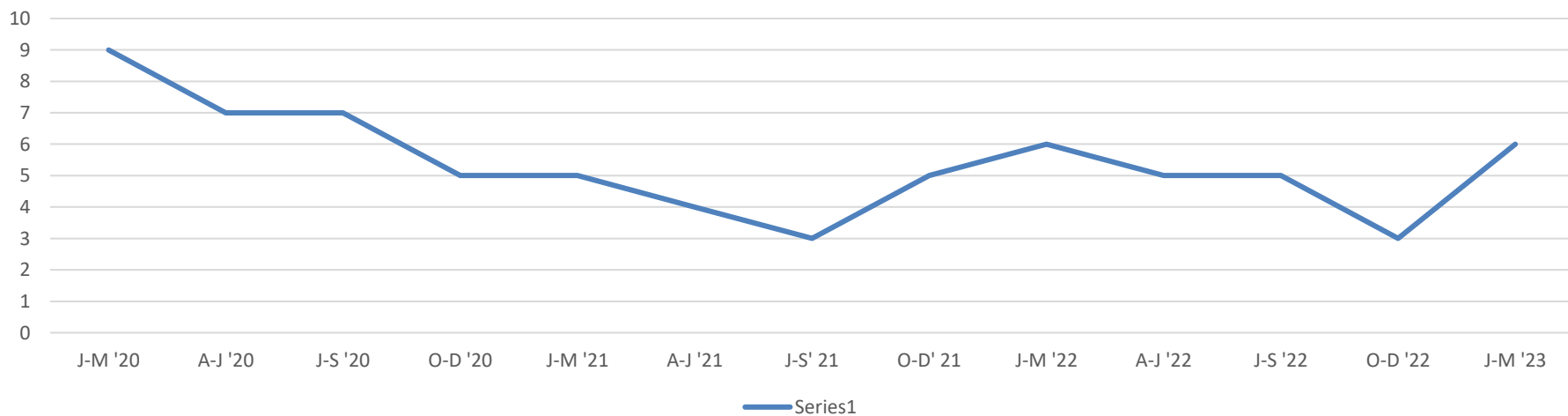
Goal II.A.

Families will have healthy pregnancies, deliveries, and parenting so all children will grow and develop to their full potential. Help parents prevent overweight in their children by influencing their health-related knowledge, attitudes, and behaviors. Increase the duration of breastfeeding among Minnesota WIC participants.

WIC Participation



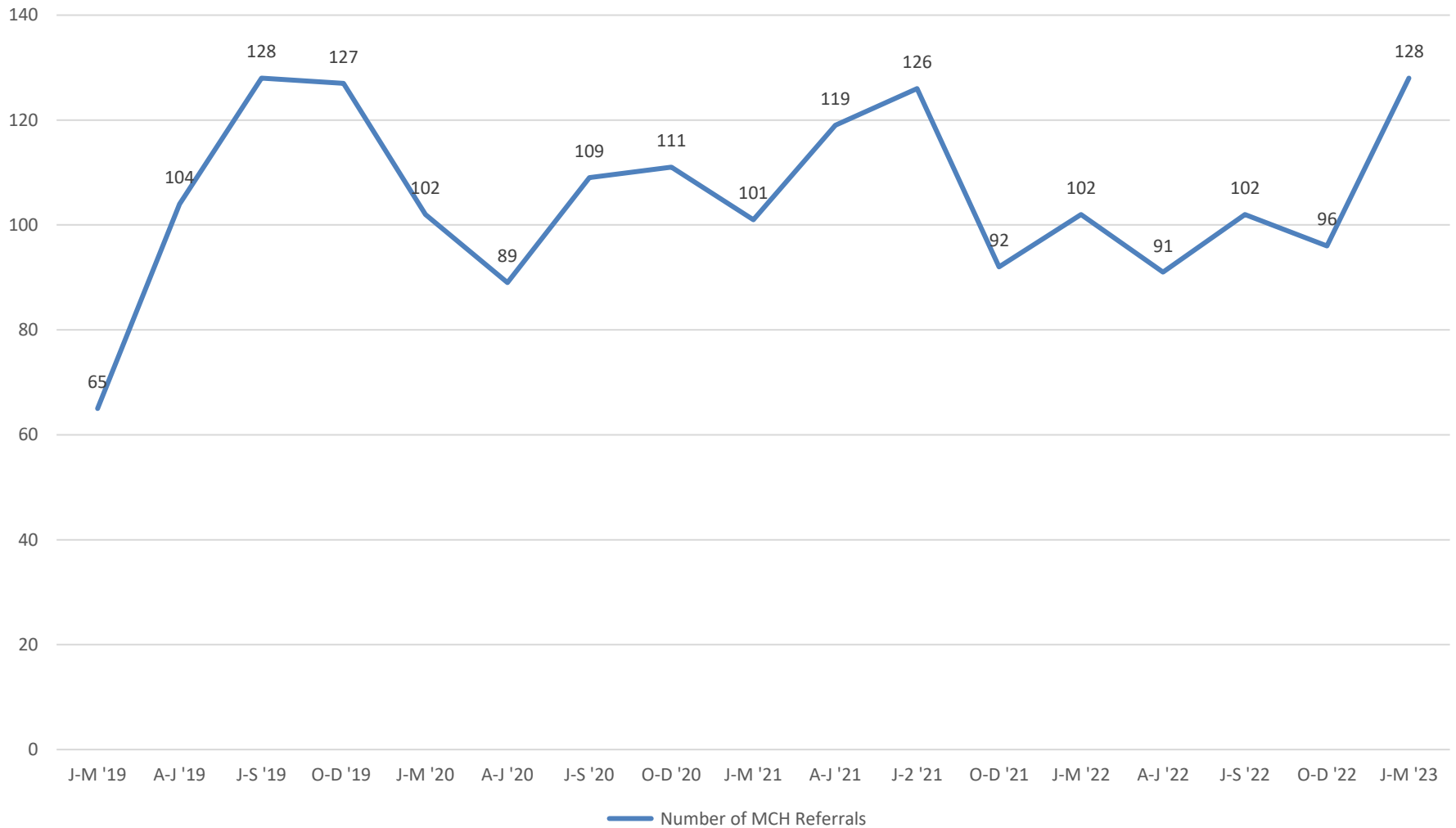
Pregnant or Parenting Teens



WIC – Pregnant/Parenting Teens

- The agency serviced 2,200 WIC clients during Quarter 1, 2023.
- Staff have begun process of offering in-person visits for interested clients.
- We served 6 pregnant or parenting teens in WIC this quarter.
- Peer Breastfeeding Program is serving 57 clients.

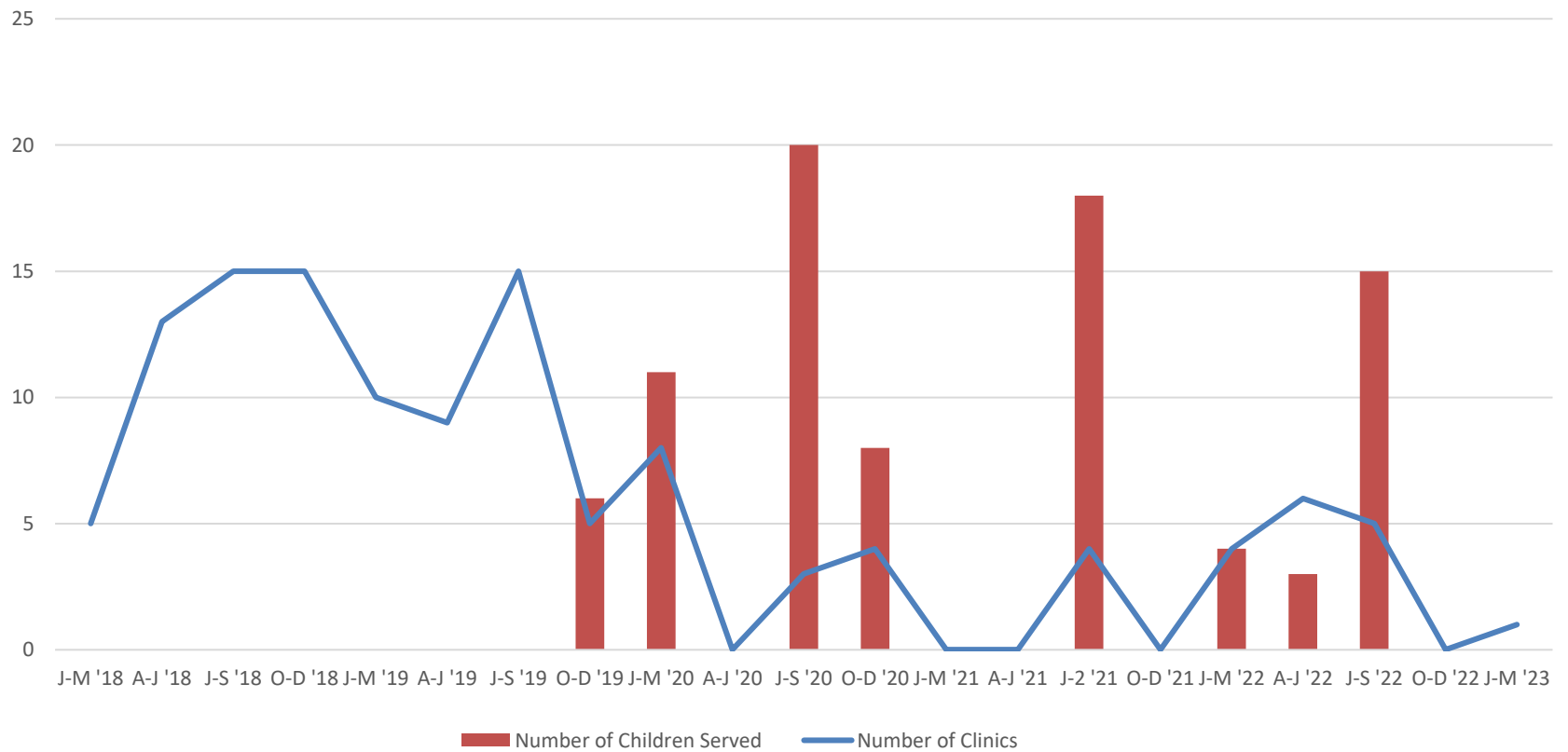
Number of Maternal Child Health Referrals



Maternal Child Health

- This quarter we received 128 referrals for pregnant and postpartum women.
- 22 new clients enrolled in the Follow Along Program.
- MCH nurses completed 14 home visits with prenatal and postpartum women this quarter.
- We continue to partner with Mayo Clinic Health System in Fairmont by visiting postpartum clients in the hospital prior to discharge. Staff presented information about our services and supports for parents to providers at the clinic.

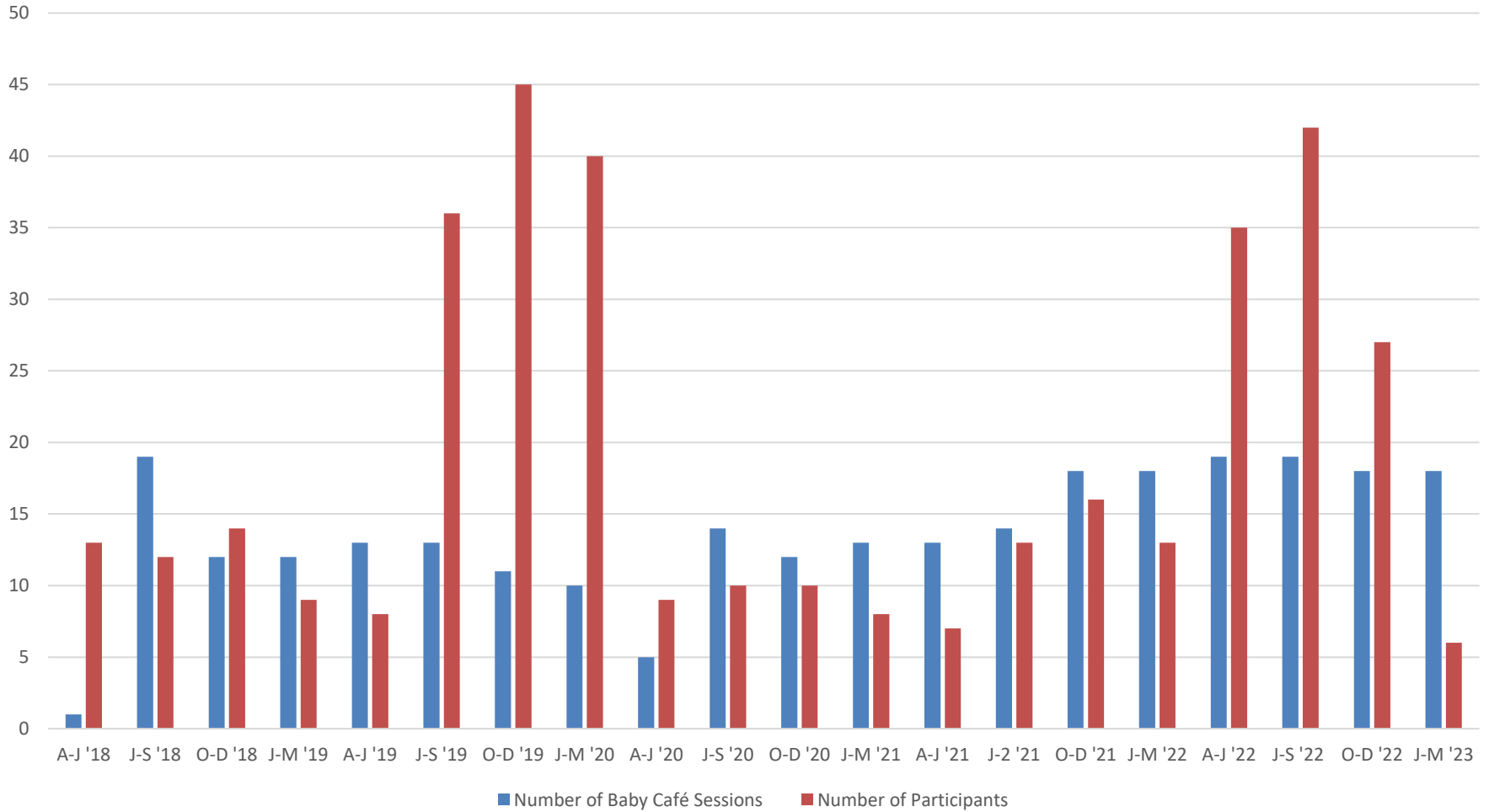
Number of Child & Teen Checkup Clinics



Child & Teen Checkup

We held 2 child and teen check-up clinics this quarter, one per county, however we did not have anyone schedule appointments.

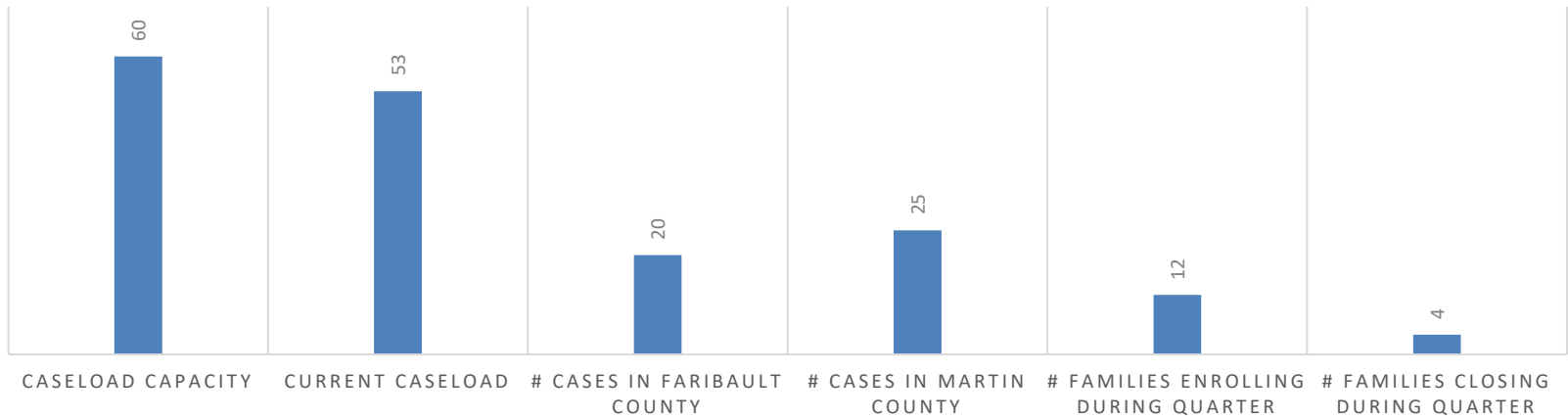
Baby Cafe



Baby Café

- We held 18 baby café clinics between both counties in Quarter 1 of 2023 serving 6 families.
- Planning began to expand our Baby Café program to include an offering once per month in Wells at USC schools.

HEALTHY FAMILIES AMERICA CASELOAD

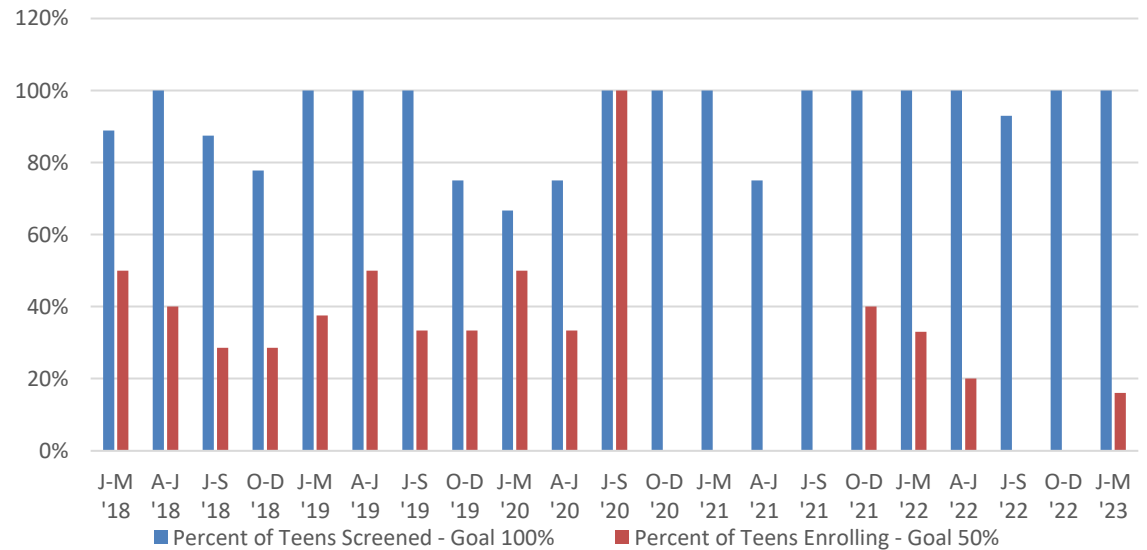


Reasons for Closures



- Moved out of service area
- Not able to contact
- Successfully completed program
- Closed due to personal reasons (work, etc.)

Teens Enrollment in HFA



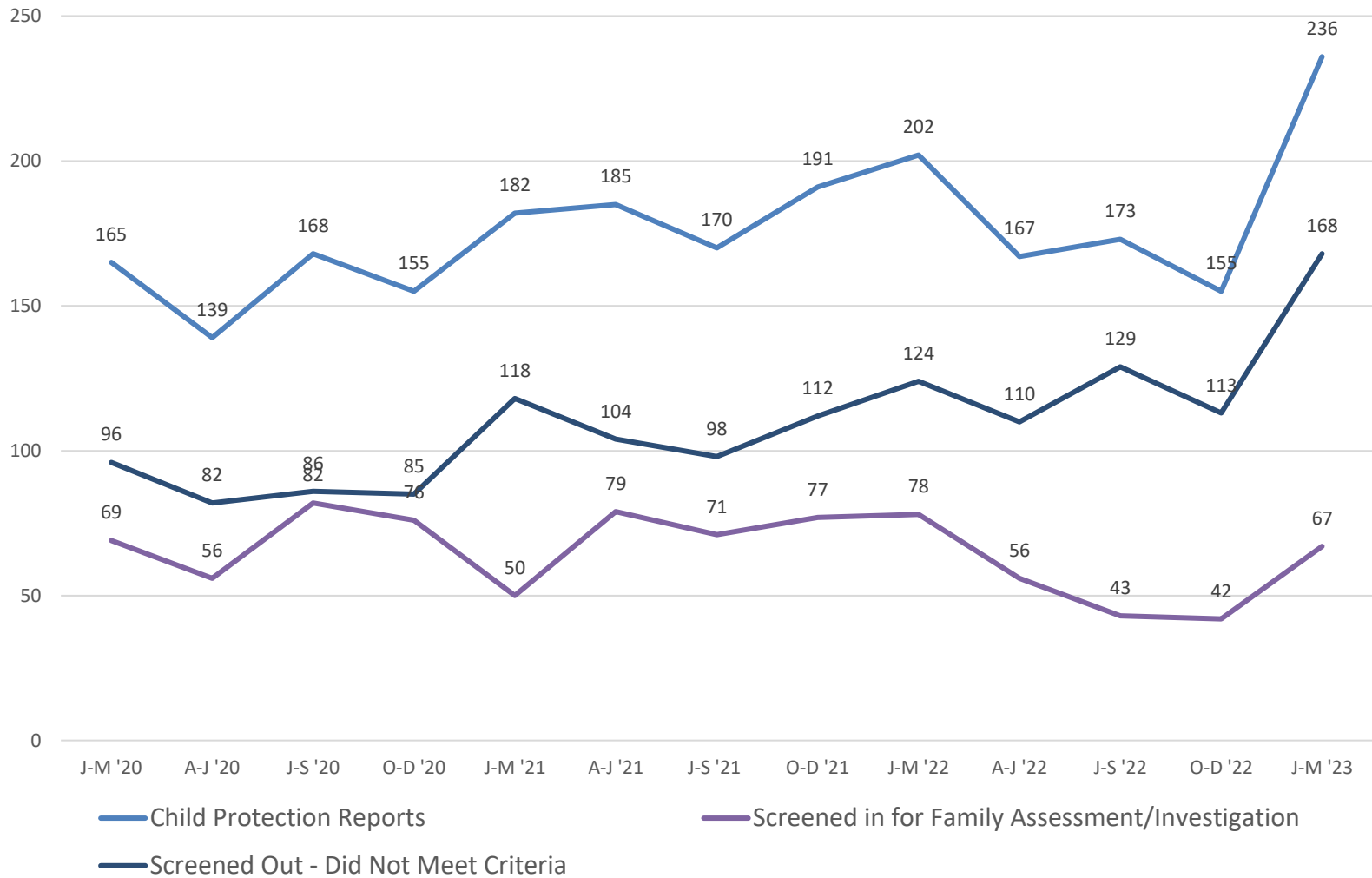
Healthy Families

- As of March 31, 2023 we had a caseload of 53 families, which is 88% of our target caseload size of 60 families.
- 20 cases are families who reside in Faribault County and 25 families reside in Martin County.
- We had 12 families enroll during the quarter. We continue to gain a majority of our referrals from our WIC program.
- We closed 4 families to services, with 1 graduating, 1 moving and 2 withdrawing.

Goal II.B.

Children will be raised in a healthy,
happy, safe, permanent family
environment.

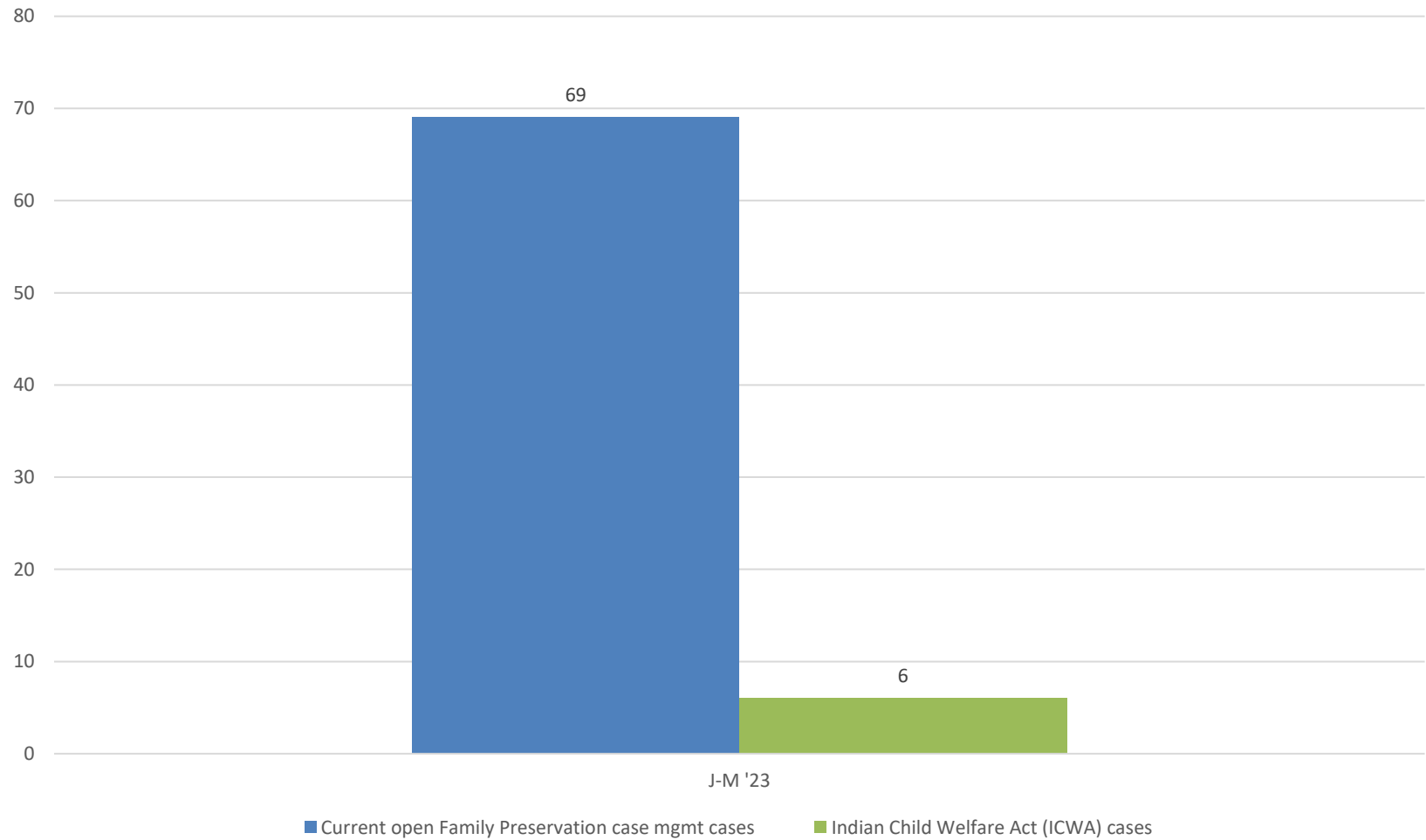
Child Protection Investigations



Child Protection Investigations

- During the quarter, 236 child protection reports were received.
- 168 reports were screened out as did not meet criteria.
- 67 reports were screened in for Family Assessment/Investigation.

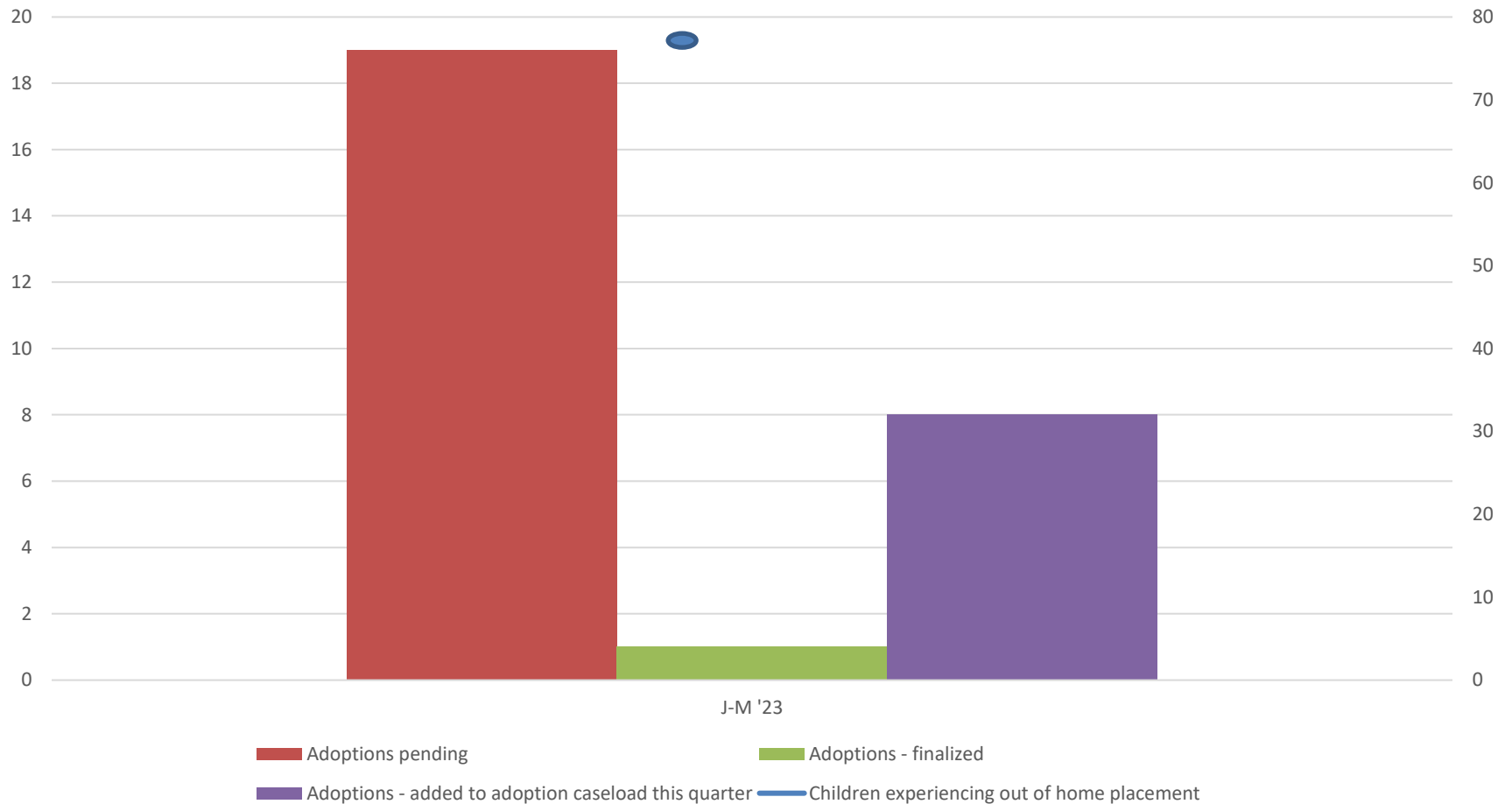
Child Protection/Family Preservation Case Management



Child Protection/Family Preservation Case Management

- The Family Preservation case management caseload was at 69. With six active case managers and one recovery specialist, this results in 9.9 average caseload (8-10 is ideal).
- Within the 69 cases, six (6) were ICWA (Indian Child Welfare Act) children which basically doubles the paperwork involved.

Child Protection/Adoptions



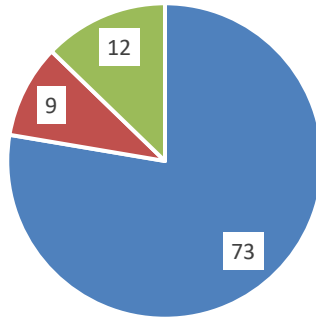
Child Protection/Adoptions

- Children experiencing out of home placement this quarter totaled 75.
- Adoptions pending total 19; eight (8) adoptions were added this quarter.
- One (1) adoption was finalized this quarter.

OUT OF HOME PLACEMENT

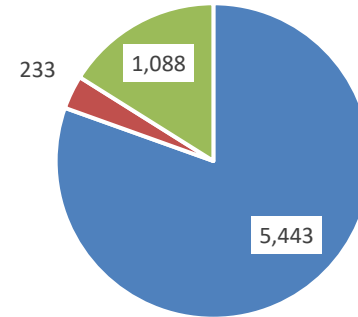
January-March 2023

Number of Kids



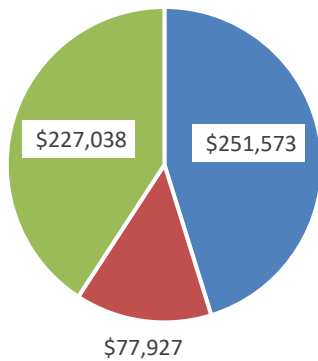
■ Children & Family ■ Court Services ■ Mental Health

Number of Days



■ Children & Family ■ Court Services ■ Mental Health

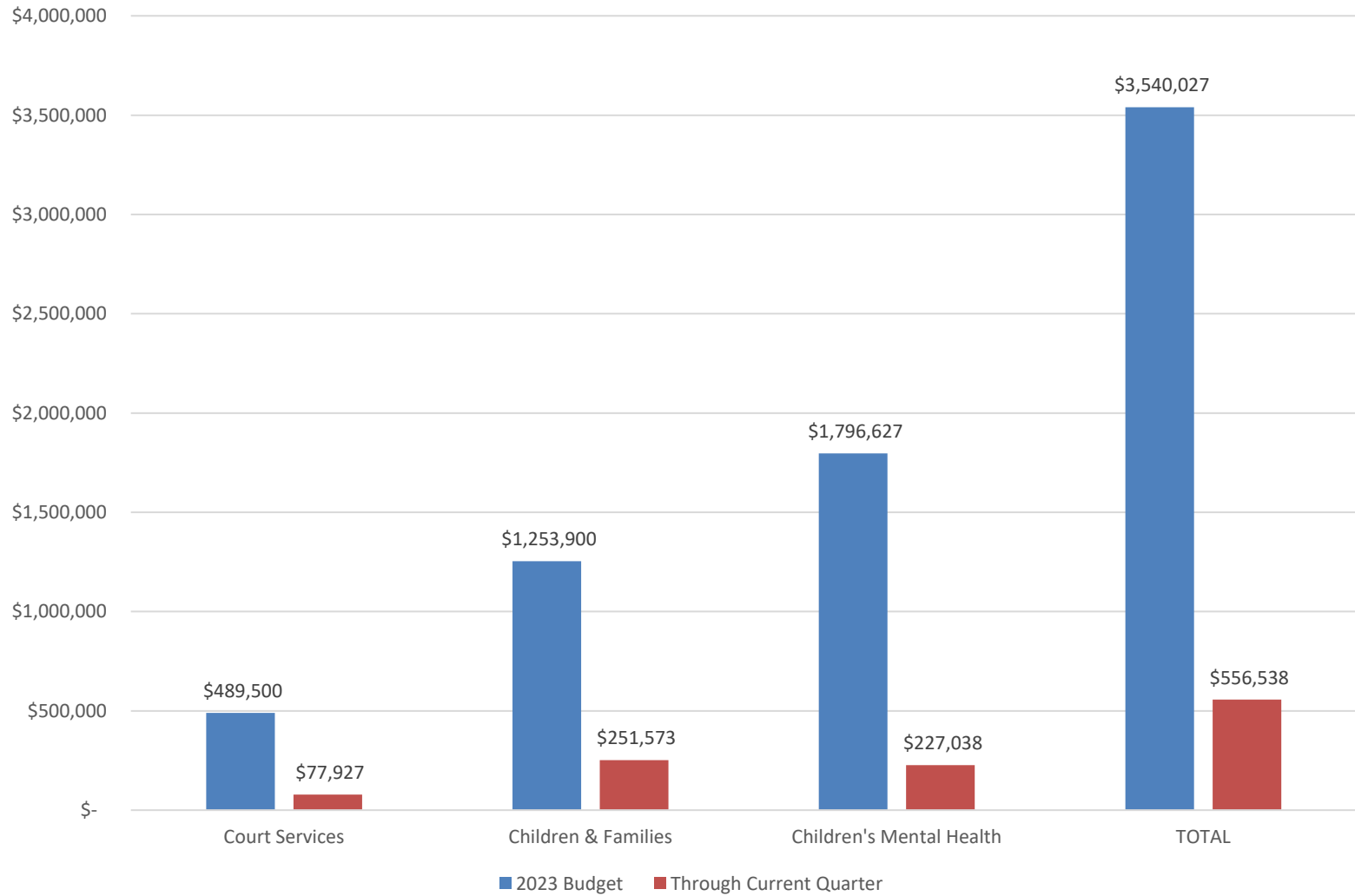
Quarterly Costs



■ Children & Family ■ Court Services ■ Mental Health

January-March 2023	# of Kids	# of Days	Costs
Children & Family	73	5,443	\$ 251,573
Court Services	9	233	\$ 77,927
Mental Health	12	1,088	\$ 227,038
TOTAL	94	6,764	\$ 556,538

Out of Home Placement Costs

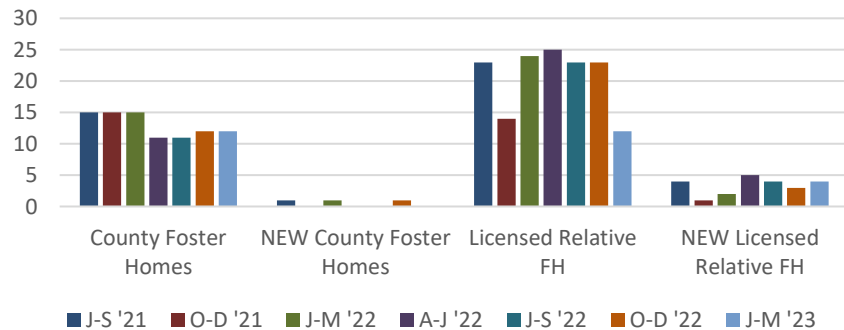


OUT OF HOME PLACEMENT BY COUNTY

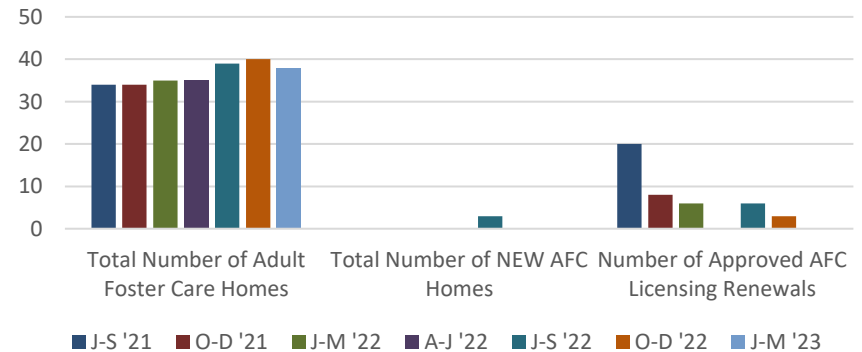
	4th Qrt 2021	1st Qrt 2022	2nd Qrt 2022	3rd Qrt 2022	4th Qrt 2022	1st Qrt 2023	
FARIBAULT COUNTY							
# of Kids	36	41	35	49	33	32	
# of Days	2,329	2,972	1,937	2,539	2,527	2,471	
Cost	225,632	257,926	209,720	200,267	153,582	248,180	
MARTIN COUNTY							
# of Kids	90	76	94	75	63	62	
# of Days	5,655	5,378	5,980	5,942	4,691	4,293	
Cost	555,167	506,358	467,888	495,394	436,412	308,358	
TOTAL BI-COUNTY							
# of Kids	126	117	129	124	96	94	
# of Days	7,984	8,350	7,917	8,481	7,218	6,764	
Cost	\$ 780,799	\$ 764,284	\$ 677,608	\$ 695,661	\$ 589,994	\$ 556,538	

Day Care & Foster Care Licensing

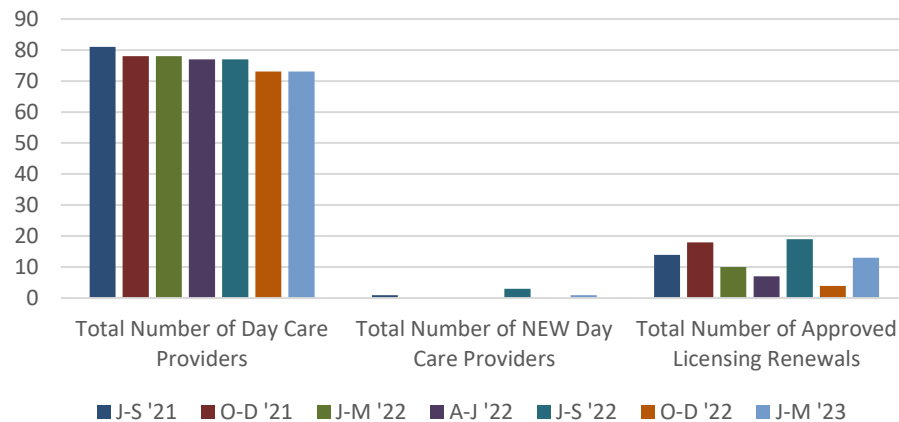
Children in need of foster care services will be cared for through quality licensed relative foster care families and/or quality licensed county foster homes.



Adult Foster Care homes are adequately licensed through Human Services and Licensing staff.



Children will be cared for through quality licensed day care services.



Licensing

- For Quarter 1, there were 73 licensed day care providers, one new day care provider was licensed, and 13 licenses were renewed.
- There were 12 licensed county foster homes.
- There were 12 licensed relative foster homes; four new homes were added.
- There were 38 licensed adult foster care homes.

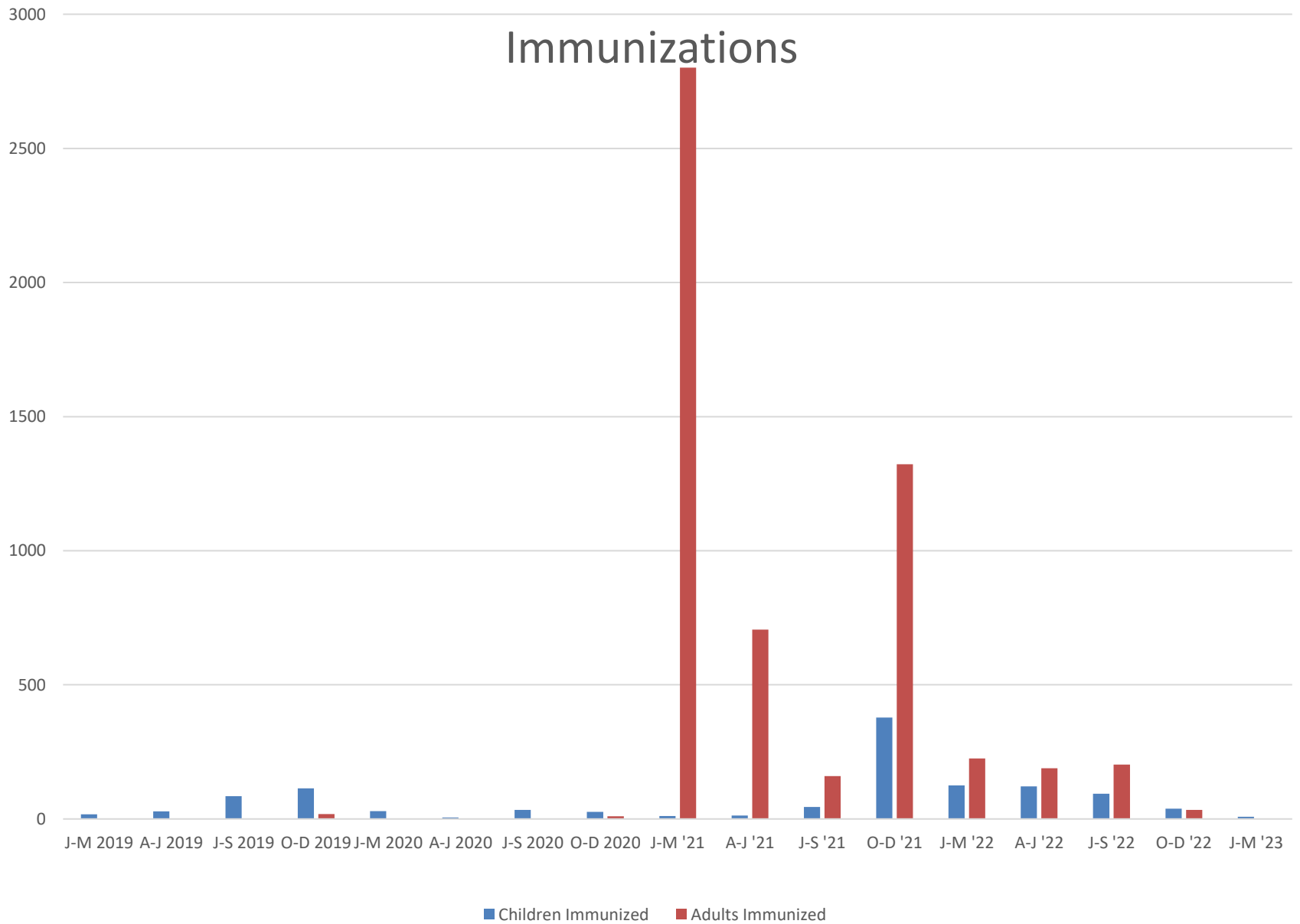
PROGRAMS AND SERVICES SUPPORTING THE COMMUNITY



Goal III.A.

Residents and visitors are protected from acute communicable diseases and other health threats including unintentional injury.

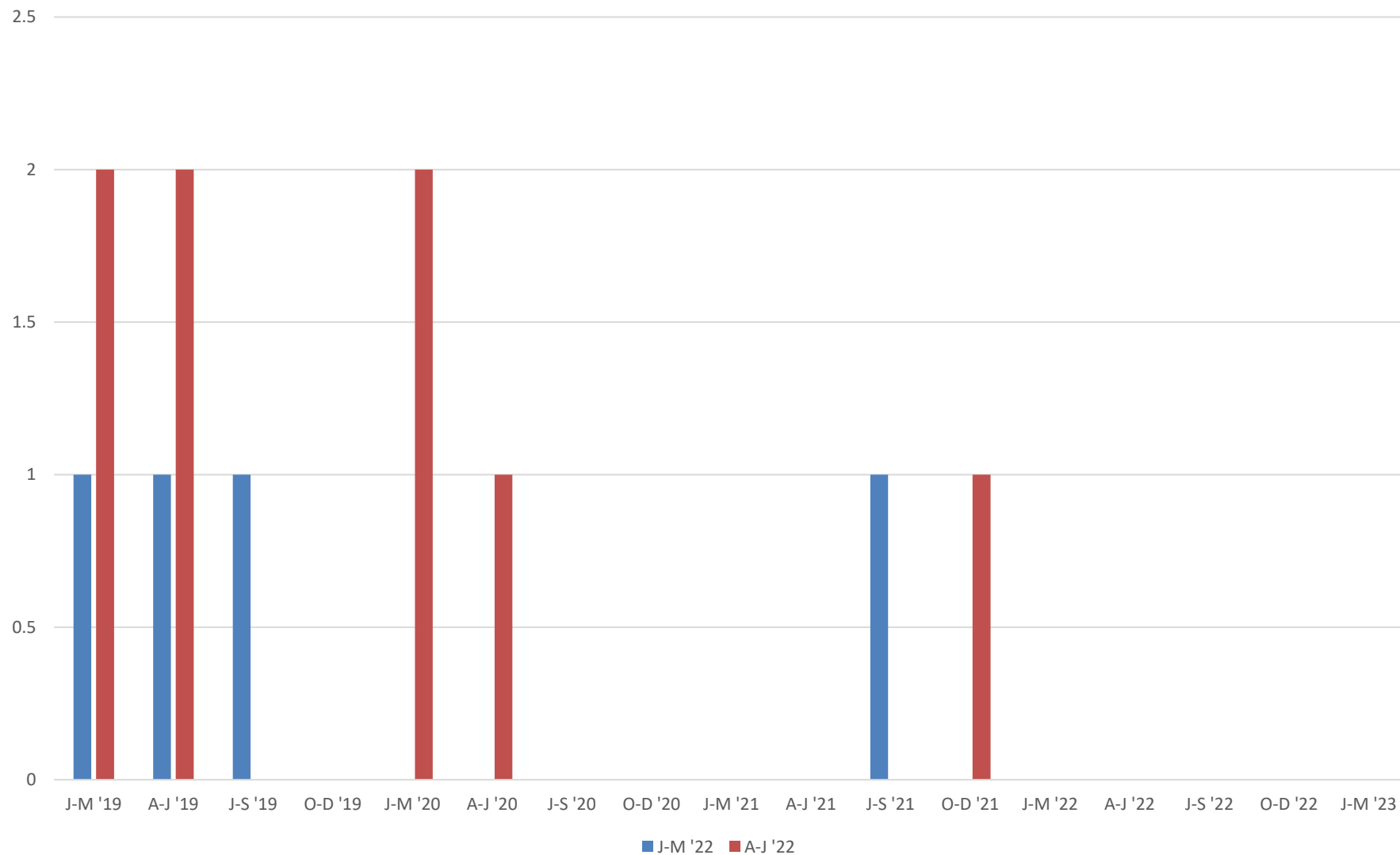
Immunizations



Immunizations

- This quarter we vaccinated 8 children for routine childhood immunizations.

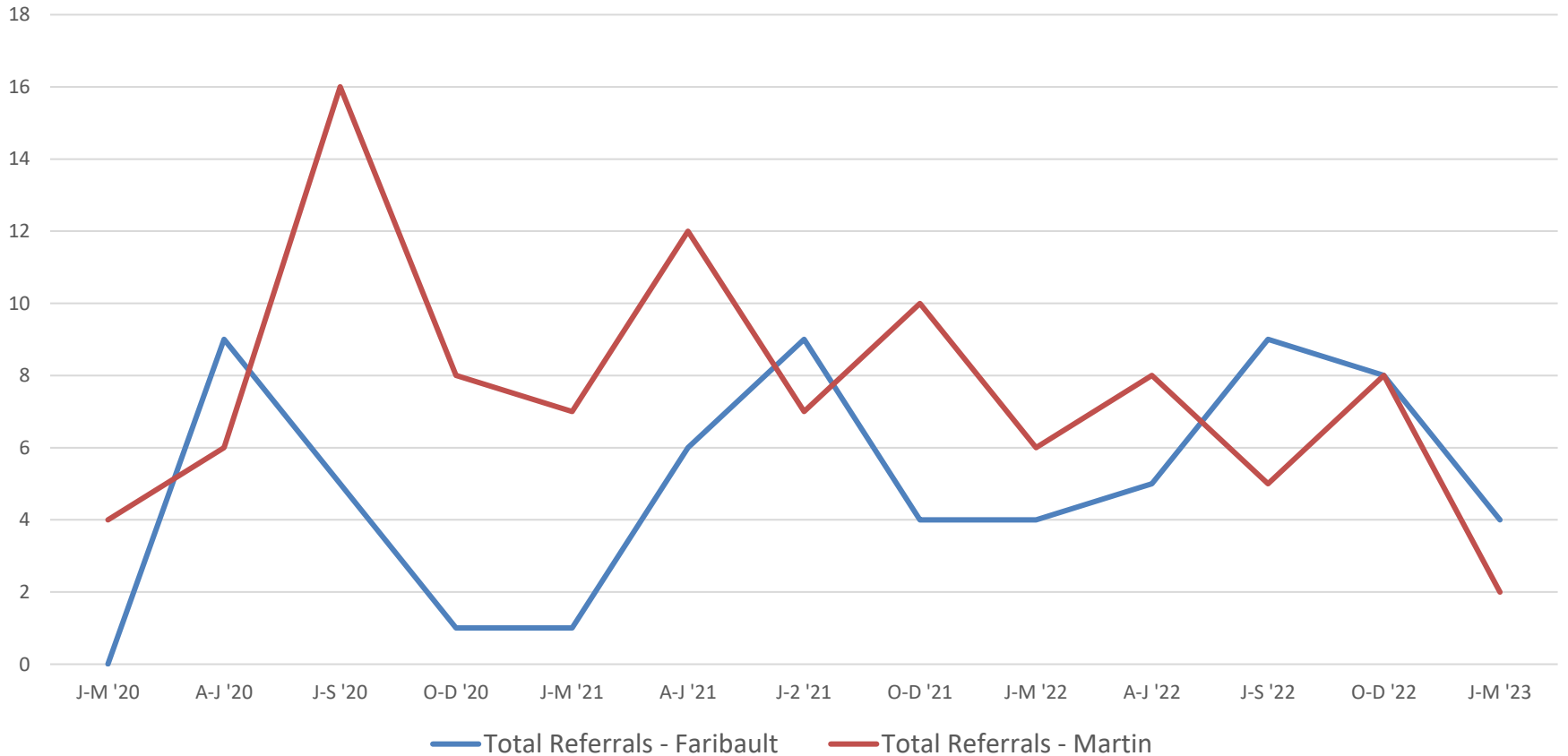
Tuberculosis Case Management



Tuberculosis

- This quarter we received no new referrals for latent or active Tuberculosis case management services.

Elevated Blood Lead

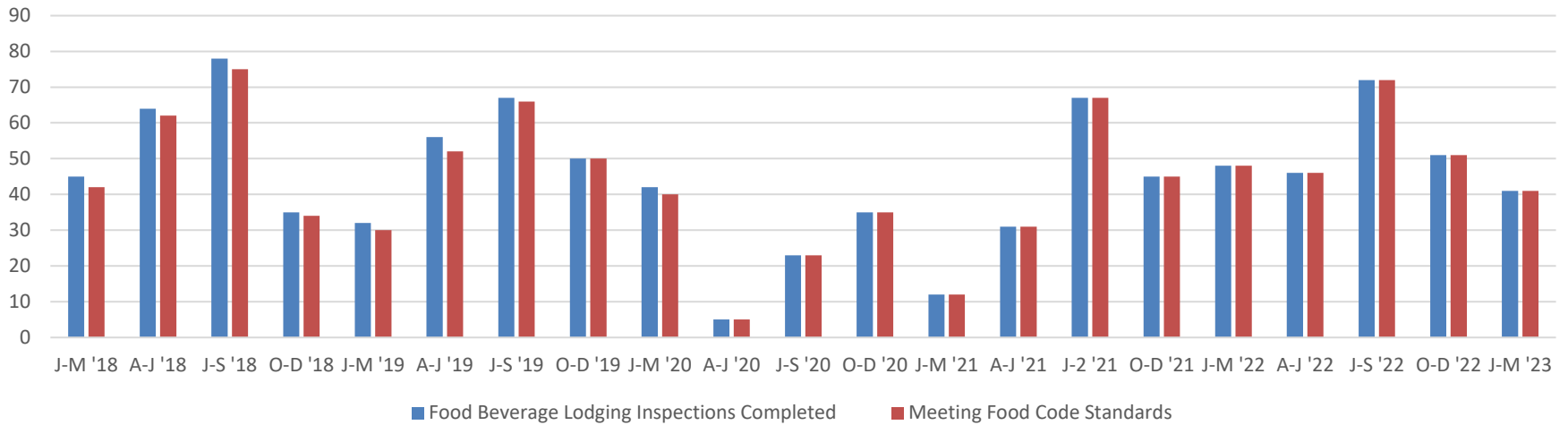


Elevated Blood Lead

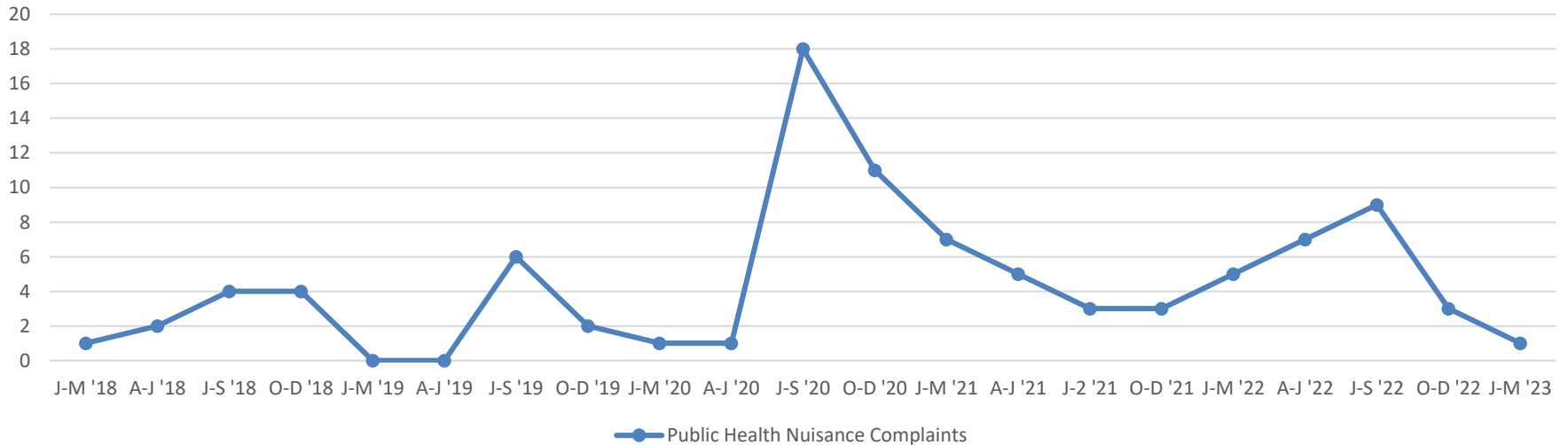
- We provided case management on 4 cases in Faribault County and 2 cases in Martin County this past quarter.
- Six (6) of the cases have levels of 5 or higher.



Food Beverage Lodging Inspections Completed



Public Health Nuisance Complaints



Environmental Health

- Our Sanitarian completed 41 inspections in food, beverage, lodging and pool establishments this quarter. Of those, two (2) required a follow-up inspection. Seven (7) plan reviews were completed for establishments looking to make modifications to their building, or for new establishments looking to open a business.
- One public health nuisance complaint received.

Stronger Together



COMMUNITY HEALTH INITIATIVE OF
FARIBAULT & MARTIN COUNTIES

Inspire healthy, resilient communities through partnership and collaboration.

Stronger Together Coalition

- The coalition met in March to review the most recent data collected and reconfirm priorities as we work to update the community health improvement plan for the next five years.
- The coalition has a membership of 65 participants and continues to grow.
- The coalition will function as the Statewide Health Improvement Partnership Community Leadership Team, as well as the Opioid Settlement Leadership Team.

Bridges out of Poverty



March 7-9, 2023 * Fairmont, MN

The Bridges out of Poverty training is designed to give you a deeper understanding of poverty and what it is like for those facing it. As you gain empathy and a better understanding of the challenges faced by people in poverty, you will be able to build relationships with those living in poverty and together create opportunities for success.

March 7 - Poverty from an Individual Lens 'Foundational Course'

This workshop is a comprehensive approach to understanding poverty. Bridges Out of Poverty uses the lens of economic class and provides concrete tools and strategies for a community to understand, address, and alleviate poverty. This training assists community organizations, social service agencies, employers, and individuals in gaining insight and strategies to ultimately create stability for all.

March 8 - Address Poverty from an Institutional Lens

This session introduces change strategies for program designs, policies, and procedures. The session is designed to take the constructs introduced in the Bridges Out of Poverty workshop and help participants begin embedding them at the institutional level. (Must attend Foundational Course prior to this training)

March 9 - Addressing Poverty from a Community/Policy Lens

This workshop explores how to become a Bridges community, how to work with all sectors and economic classes, and how to create a steering committee. The individual and institutional lenses covered in the first two Bridges workshops are used to inform the third Bridges workshop, which looks toward building a sustainable Bridges community. Attention is given to the types of leaders needed for the initiative. Participants will look at advocating for policy change at the local, state, and federal levels. (Must attend Foundational Course prior to this training).

Training workshops are 8 hours in length and will take place in Fairmont, MN. The training is free of charge thanks to a Health Equity grant received by Human Services of Faribault & Martin Counties. Training meals and refreshments are provided by the Statewide Health Improvement Partnership (SHIP) grant.

Up to 10 stipends of \$100 per day are available to allow community members with lived experience to attend the trainings. Stipends are also available for MSU-M Health Science students and will be coordinated by the University's Center for Rural Behavioral Health.

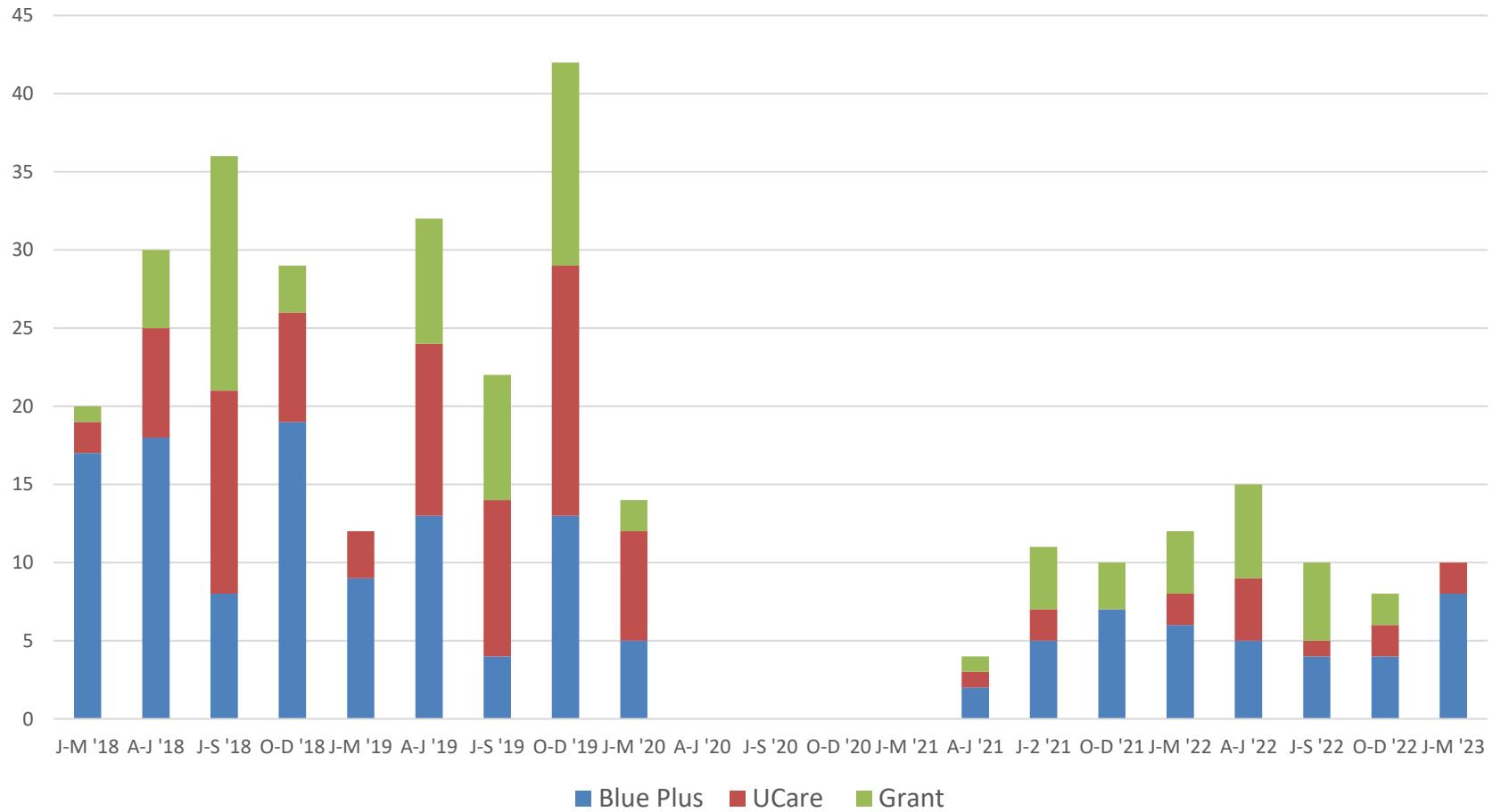
Register by March 1:

<https://www.surveymonkey.com/r/bridgestrainingfairmont>

Bridges out of Poverty

The agency coordinated a bridges out of poverty workshop, training over 100 community members and agency staff in the concept. The focus with the BOP work is to teach strategies to help communities better understand how to support those living in poverty, as we work to help individuals become self-sufficient and thriving. A second opportunity to take these trainings will take place over the summer months with virtual trainings. There is broad community support from our different partners to engage in this work and we are happy to have the ability to lead these efforts.

Car Seat Distribution



Car Seats

- This quarter we distributed 10 car seats to families.
- We held two car seat classes during the quarter

Goal III.B.

Residents will be financially secure while also maintaining family stability.

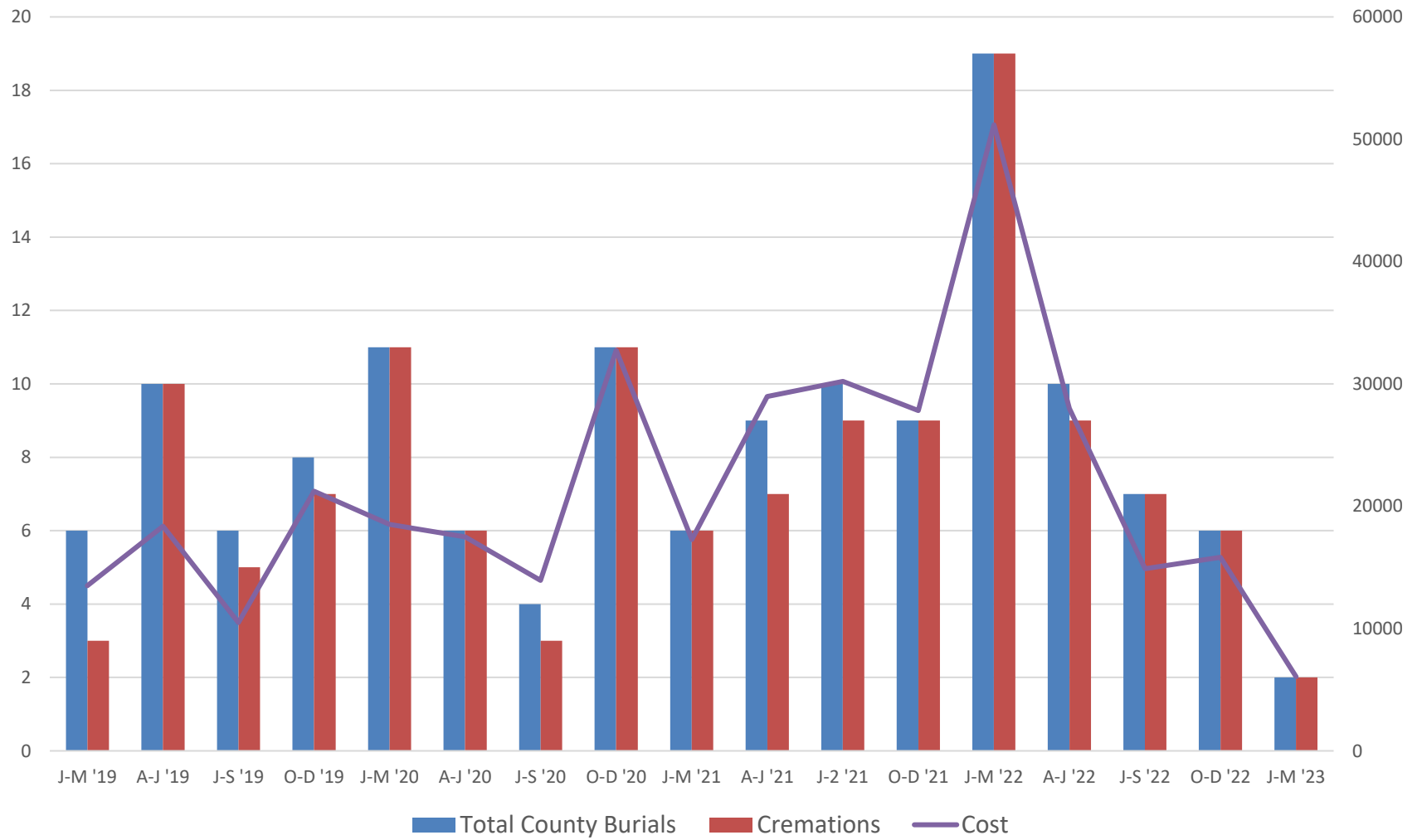
Total Supplemental Nutrition Assistance Program, cash assistance, and health care application processed



Financial Assistance

- Applications decreased again for the first quarter of 2023 (218 applications in Faribault County and 312 applications in Martin County).
- We continue to see our caseloads increasing. In Martin County we have seen an 18% increase in our SNAP caseload, a 13% increase in our aged, blind and disabled caseload, and a 20% increase in our under 65 and family health care cases since 2020 and in Faribault County we have a 32% increase in our SNAP caseload, a 16% increase in our aged, blind and disabled caseload, and a 21% increase in our under 65 and family health care cases since 2020.

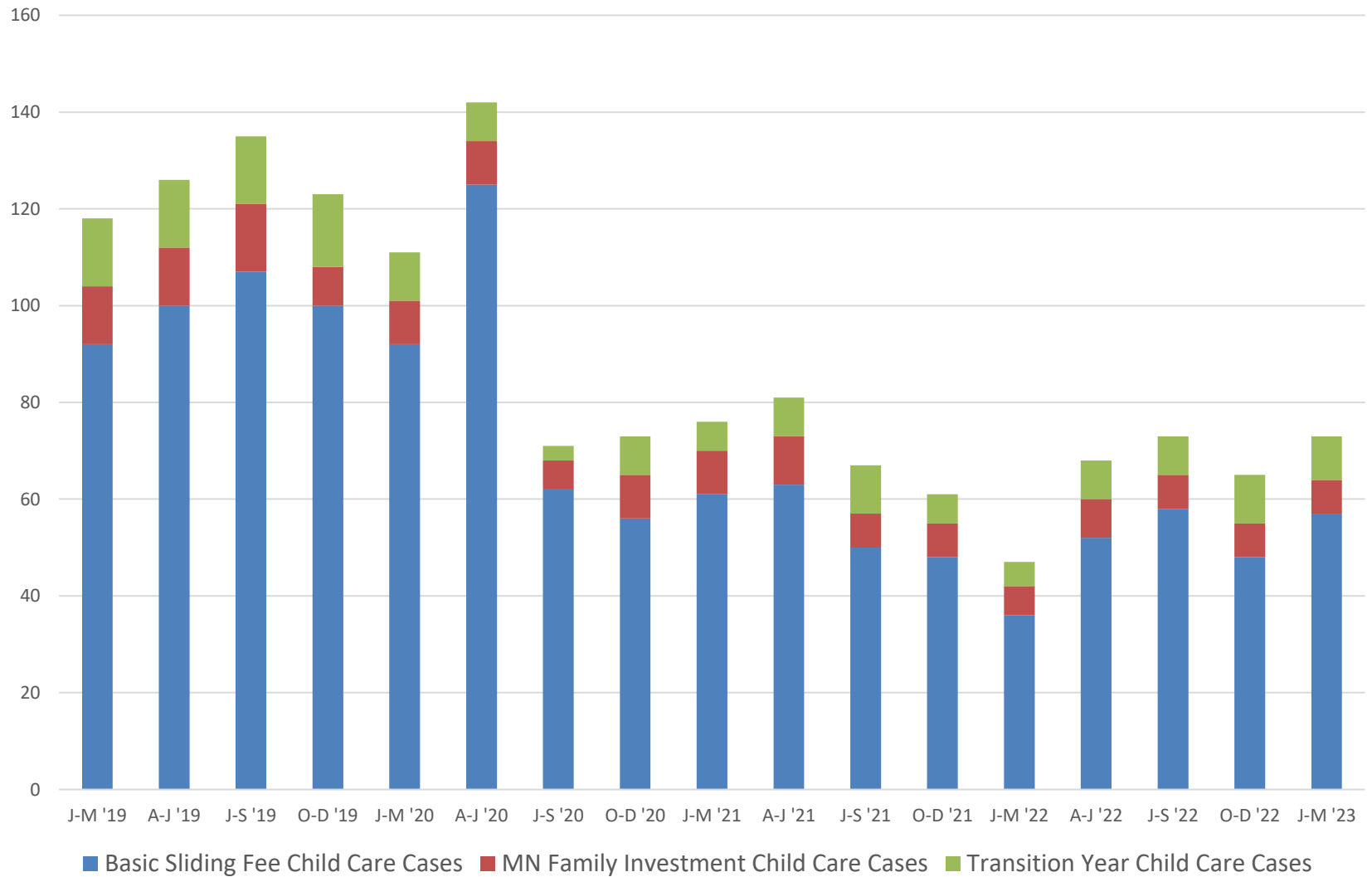
County Burials



County Burials

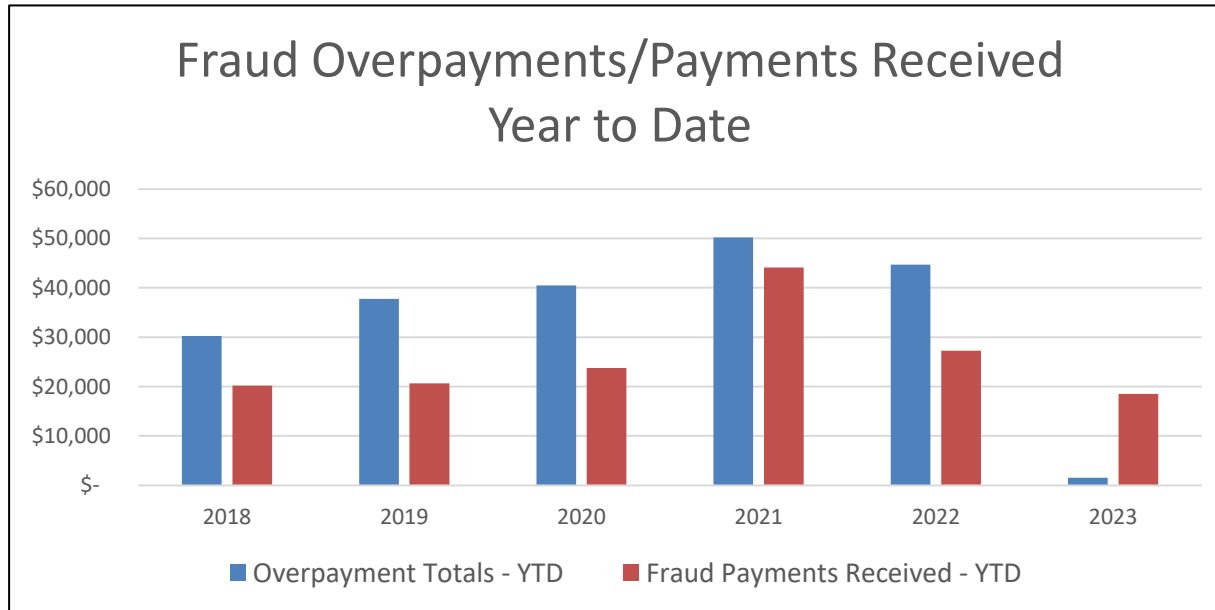
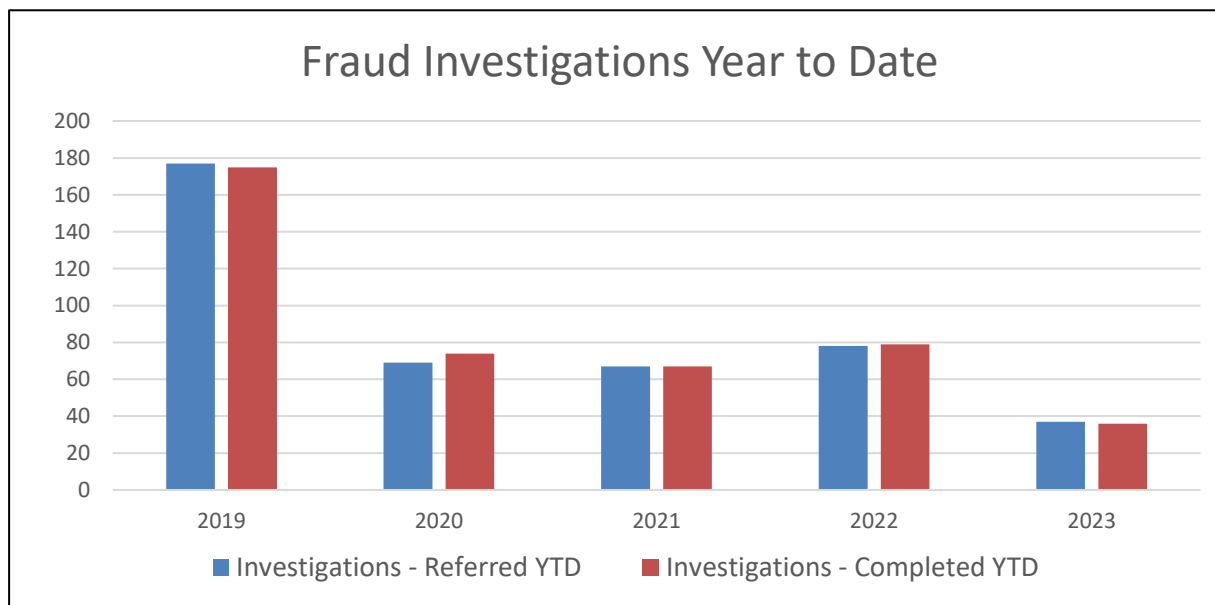
- For 1st Quarter 2023, we approved two county burials at a cost of \$6,070.
- Both were cremations.

Child Care



Child Care

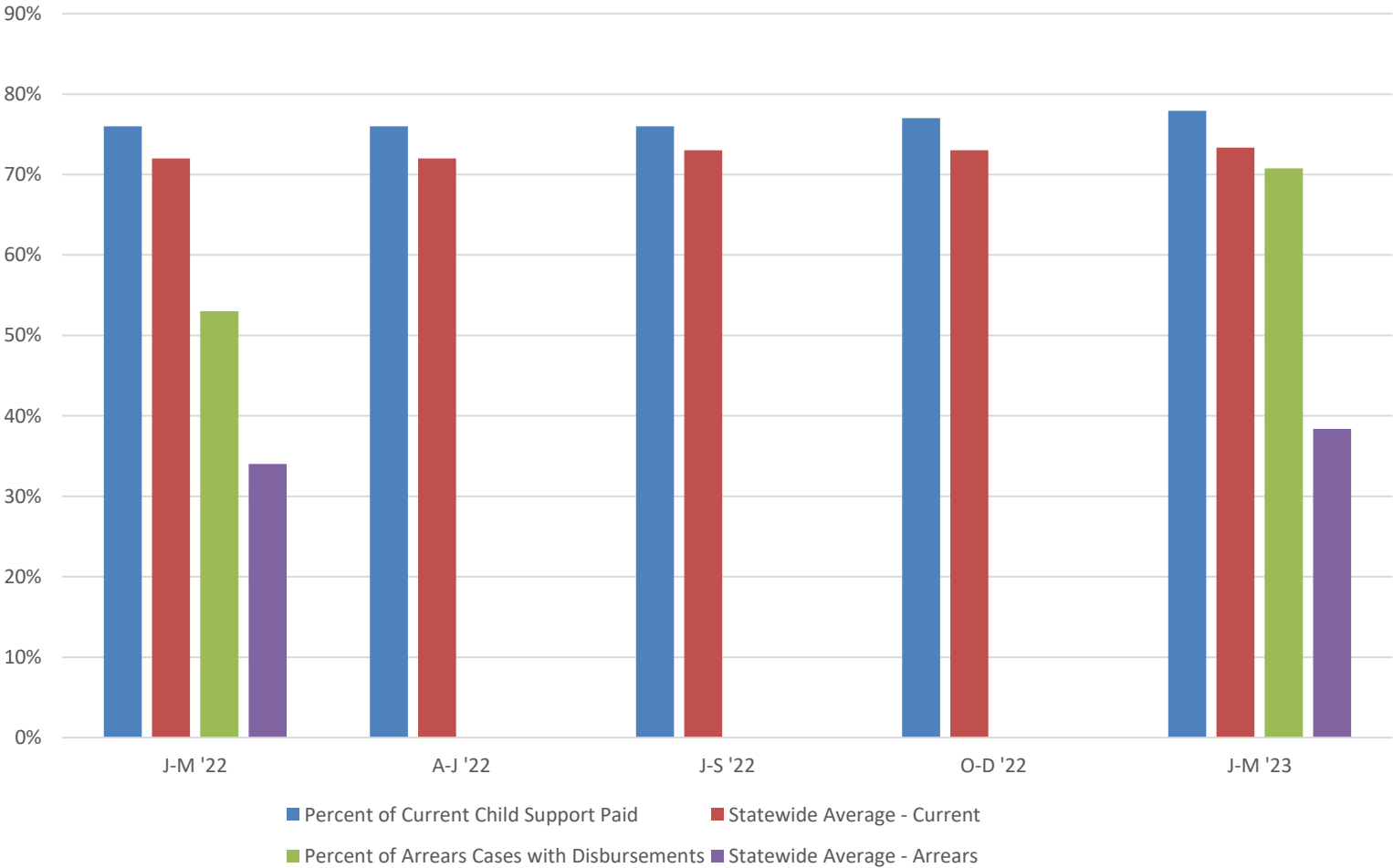
- During the 1st quarter, we served 57 basic sliding fee cases.
- Seven (7) cases were served by MN Family Investment Program childcare.
- Nine (9) cases were served by Transition Year childcare.
- This is a slight increase from the 4th quarter of 2022.
- We utilized \$182,552 or 43% of our allocation for basic sliding fee day care.



Fraud

- New fraud investigations year to date 2023 totaled 37 with 36 completed.
- Overpayments year to date 2023 totaled \$1,556. Fraud payments received totaled \$18,515.60 thanks to large tax recoveries.

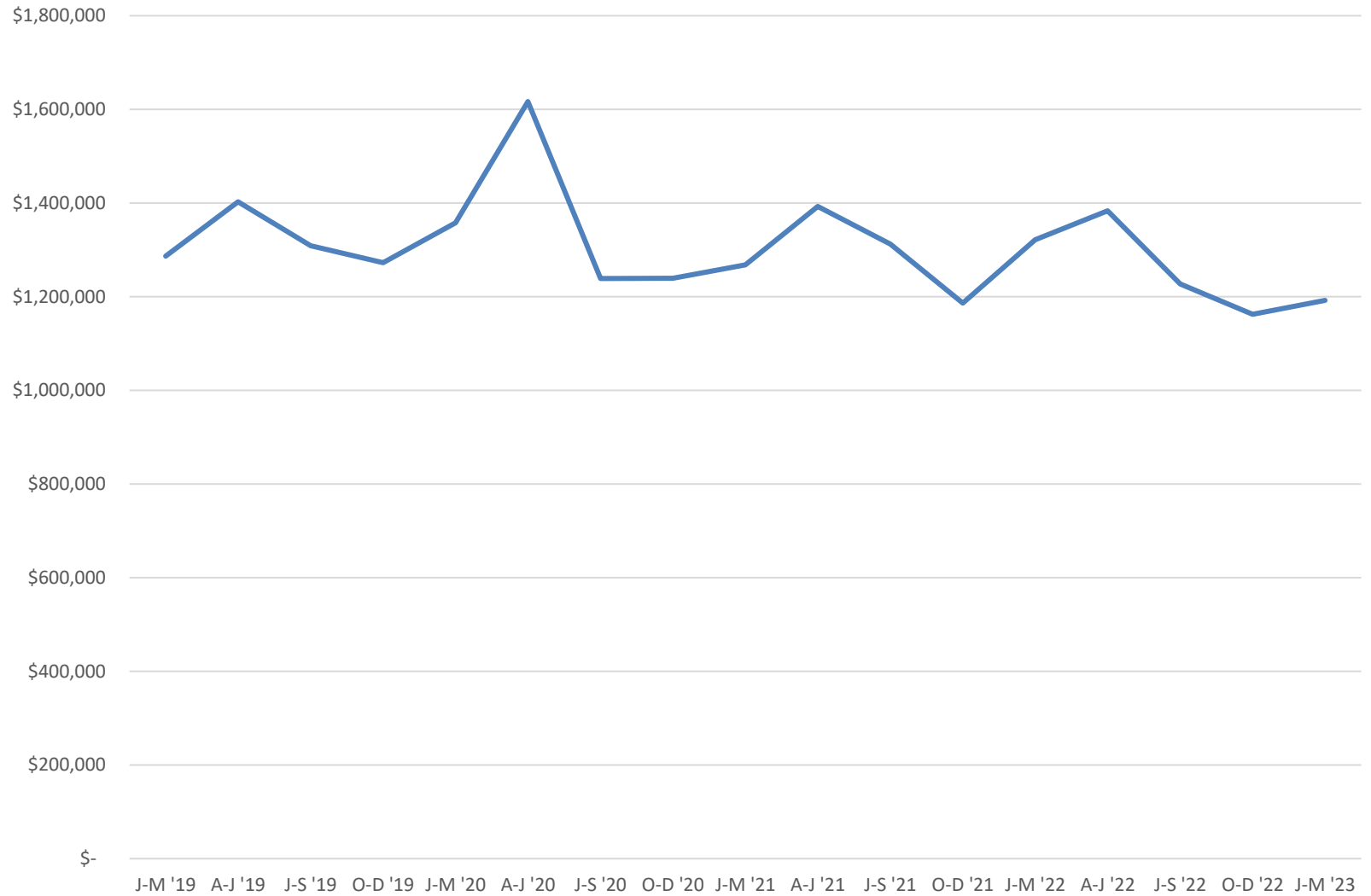
Child Support



Child Support

- 78% of current child support was paid compared to the state average of 73%.
- 71% of arrears cases had disbursements compared to the state average of 38%.
- The arrears data is published once per year.

Child Support Collections



Child Support Collections

- During the 1st quarter of 2023, \$1,191,985 was collected in child support.

AGENCY UPDATES & SPECIAL PROJECTS



Income Maintenance

Preparations have begun for returning to health care cases needing to renew. During this quarter DHS was just beginning to release timelines and what needed to do to prepare.

Strategic Planning

Our Vision

- **Well Prepared Workforce** – Building a culture where training is valued and encouraged.
- **Stable Thriving Workforce** – Promote mental wellbeing and resiliency of staff.
- **Healthy Agency Culture** – Foster a healthy, positive work environment.
- **Positive Community Relationships** – Build a place at the table for health and human services within our communities.
- **Innovation & Quality Improvement** – Embed innovation and quality improvement into everything we do.
- **Client Service Focused** – Center service delivery around the client experience.

Business Office



As of March 31, 2023

• Total Revenues	\$ 4,367,369.12
• Budgeted Annual Revenues	\$20,685,273.00
• Total Expenditures	\$ 4,794,074.08
• Budgeted Annual Expenditures	\$20,685,273.00
• Total Staff/Board Payroll	\$ 2,247,064.39
• Active Staff =	134

The Business Office has been participating in our annual audit as well as a Revenue Recapture audit with the State of Minnesota. We anticipate those audits to be wrapped up in the second quarter. We made a major overhaul in our bookkeeping by implementing a new chart of accounts for the agency. This change was recommended by staff at the Department of Human Services Financial Operations Division and was implemented at the end of the first quarter, so staff have been very busy completing steps to help make this transition successful.