

Minnesota

Healthy Families America® 2022 State Profile



HEALTHYFAMILIESAMERICA.ORG

Healthy Families America® (HFA) is the nationally recognized, evidence-based home visiting program of Prevent Child Abuse America®. HFA focuses on building nurturing, safe and secure relationships between parent and child that are essential for all children –and parents– to lead a healthy and productive life. Voluntary home visiting helps new and expectant parents develop the skills and confidence to raise healthy children and increases family well-being by preventing adversity and building resilience during a child's most critical years of development.

Research with the HFA model demonstrates sustained positive impact for HFA families:



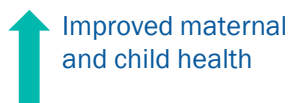
Reduced
recurrence of
maltreatment
by **1/3**



48%
fewer
low-birthweight
infants



5x
more likely to
enroll in school or
training programs



Improved maternal
and child health



Increased child
development and
school readiness



Increased family
economic self-
sufficiency



Reduced family
violence

By investing in evidence-based home visiting programs, like Healthy Families America®, we strengthen Minnesota families, create thriving communities, and save taxpayer dollars.

Snapshot of Minnesota HFA Data from 2022*

890
families

10,912
home visits

8
sites

HFA Families in Minnesota face varying amounts of stress and challenge:

76% of families live in low-income households

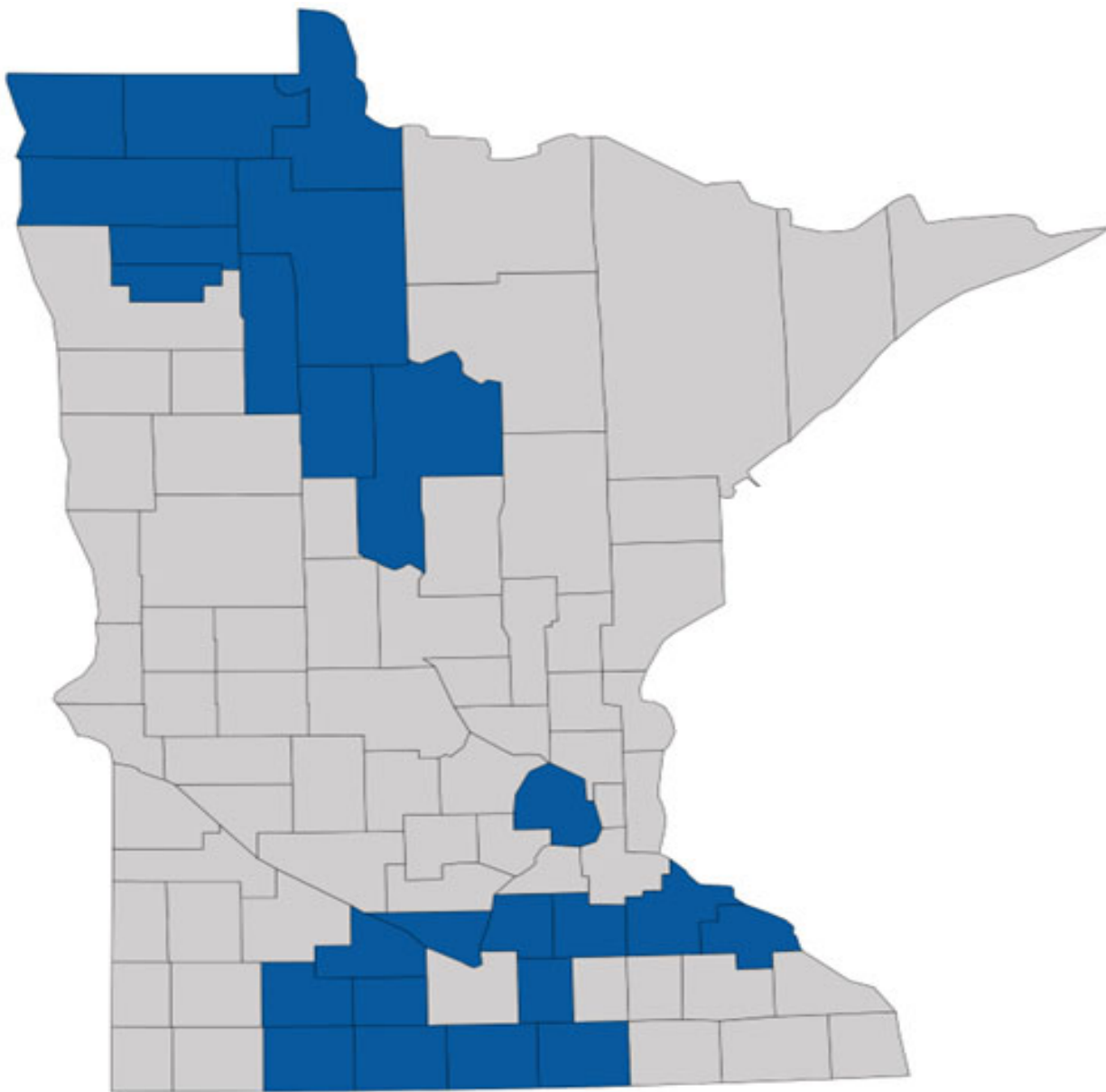
27% of families have a caregiver who is age 21 or younger

28% of families have a caregiver with less than a high school diploma/GED

71% of families are headed by a single parent

*This snapshot reflects HFA sites that reported at least 1 family received a home visit during their 2022 reporting year.

2022 Minnesota Counties with HFA Services*



 HFA Service Areas

"[Healthy Families America] gives me the confidence and strength to keep going. The support they've given me is something incomparable to anything I've ever had in my life."

Karlita, Healthy Families America Parent

Find out more about HFA's Evidence of Effectiveness at:

<https://www.healthyfamiliesamerica.org/our-impact/evidence-of-effectiveness/>

For more information about Healthy Families America, contact policyteam@preventchildabuse.org